



Resource List



Support Categories

Advocacy	Information	Shelter
Education	Legal	Support
Employment	Medical	Training
Healthcare	Organizing	Workshops
Identity Documents	Outreach	Youth

Naming Conventions

The information contained in this Resource List was copied, as written, from the available literature (website, etc.) of the listed agency. We recognize that there are many different terms in common use by members of the communities involved and the resource agencies supporting them.

Information was valid at the time of first publication. While every effort is made to ensure accuracy and to verify the information, the authors cannot be responsible for Errors or Omissions.

Urgent Assistance

In the event that you are in urgent need for assistance, please consult your local telephone directory for the appropriate Help or Crisis Line.

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Updated by: A. Scheim

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ALBERTA

211 Edmonton

(support, information)

Location: Edmonton, AB
Services: A program of The Support Network that provides a direct link between essential community services and the people who need them.
Website: <http://www.211edmonton.com/>
Contact: 2-1-1 or (780) 482-4636

AIDS Calgary Awareness Association

(support, outreach, information, training, health care)

Location: 110, 1603 10th Avenue SW, Calgary, AB, T3C 0J7
Services: Education and resource centre providing community outreach volunteering, support, information and training programs.
Website: <http://www.aidscalgary.org/>
Contact: (403) 508-2500
Fax: (403) 263-7358
info@aidscalgary.org

Alberta Trans Peer Support Network

(support)

Location: 9540-111 Avenue, Edmonton, AB
Services: Yahoo Group. A safe haven for trans-related discussions. Open to Alberta Transsexual, Transgendered, Intersexed, Two-Spirited and Questioning individuals at any point in transition.
Website: <http://groups.yahoo.com/adultconf?dest=%2Fgroup%2FAlbertaTransPeerSupportNetwork%2F>
Contact: To post message: albertatranspeersupportnetwork@yahoogroups.com
To subscribe: albertatranspeersupportnetwork-subscribe@yahoogroups.com
Notes: Yahoo email ID. Age restricted. Email or join the group for more information.

Calgary Girlfriends

(support, information)

Location: Calgary, AB
Services: A Yahoo Group providing support and information on Transgendered issues. Site encourages those seeking answers regarding IS. CD. TS. Issues and Sexuality concerns to ask on this list/serve and access the links and information provided.
Website: http://ca.groups.yahoo.com/group/Calgary_Girlfriends/
Contact: To post: Calgary_Girlfriends@yahoogroups.ca
To subscribe: Calgary_Girlfriends-subscribe@yahoogroups.ca
Notes: Yahoo ID required. Age restricted.

Calgary Outlink – Centre for Gender and Sexual Diversity

(advocacy & organizing, support, education)

Location: 1528, 16 Avenue SW, Calgary, AB, T3C 0Z8

Services: A safe community space with support services, education opportunities, crisis line, and access to resources for LGBTQ communities of Calgary.

Specialized programs for youth, men, women, trans-identified, two-spirited, ethno-cultural communities, LGBTQ parents/families, and parents of LGBTQ individuals.

Website: <http://www.calgaryoutlink.ca>

Contact: LGBTQ Crisis, Support and Referral: 1-877-688-4765
(403) 234-8973
info@calgaryoutlink.ca

Calgary Outlink – insideOUT Youth Group

(support, youth)

Location: Calgary Outlink, 1528, 16 Avenue SW, Calgary, AB, T3C 0Z8

Services: A free program of Calgary Outlink.

For young people aged 14 to 25. A safe and welcoming place, run by youth peer-support representatives and adult volunteer facilitators. Lesbian, gay, bisexual, trans-identified, queer, and questioning youth as well as allies are welcome to attend.

Meets every Monday night from 7 – 9:00pm.

Website: <http://www.calgaryoutlink.ca>

Contact: (403) 234-8973
insideout@calgaryoutlink.ca or info@calgaryoutlink.ca

DECSA: Transitions (Distinctive Employment Counselling Services of Alberta)

(support, training, education, employment)

Location: 11515-71 Street NW, Edmonton, AB T5B 1W1

Services: Provides women and transgendered individuals with skills and support to promote leaving the sex trade and healthier and safer lifestyles through involvement in other programs, education, or employment.

Website: <http://www.decsa.com/programs.php?sid=16>

Contact: (780) 474-2500 or (780) 471-9649 or TTY: (780) 471-9635

Notes: An email newsletter is available.

Edmonton Crossdressers and Transgender Support

(support)

Location: Edmonton, AB

Services: A Yahoo Group. For crossdressers and transgender-identified individuals who wish to share support for themselves, their spouse, partner or friends.

Website: http://groups.yahoo.com/group/Edm_Crossdressers_And_Transgender_Supprt/

Contact: To post message: Edm_Crossdressers_And_Transgender_Supprt@yahoogroups.com
To subscribe: Edm_Crossdressers_And_Transgendr_Supprt-subscribe@yahoogroups.com

Notes: Yahoo ID required. Age restricted. Applying members must include information about themselves and their interest in TG issue.

Freedom Fort McMurray

(support, education, information, advocacy & organizing)

Location: 002-9908 Franklin Ave, Fort McMurray, AB

Services: Social/support group for members of the GLBT community who live in Fort McMurray and area. Services include, drop in services, community education, response programming, information and resources, support groups, and advocacy.

Website: N/A

Contact: info@freedomfortmcmurray.com

Facebook: <http://www.facebook.com/group.php?gid=30422109035>

HIV Edmonton

(support, information, advocacy & organizing, health care)

Location: 9702 111 Ave. NW, Edmonton, AB, T5G 0B1

Services: Programs and services include: capacity building, support, creating supportive environment through advocacy and policy support, community education, communication, research and evaluation, and organizational development.

Contact: Local: (780) 488-5742 or Toll Free Phone: 1-877-388-5742

Fax: (780) 488-3735

contact@hivedmonton.com

Illusions Social Club of Edmonton

(support)

Location: Junction Bar & Eatery, 10242-106th Street, Edmonton, AB

Services: A safe, secure, and discreet social support group for crossdressers and their sweethearts and friends.

Meet monthly on the 2nd Friday at 8:30pm.

Website: http://groups.yahoo.com/edmonton_illusions/

Contact: To post message: edmonton_illusions@yahoogroups.com

To subscribe: edmonton_illusions-subscribe@yahoogroups.com

Notes: Yahoo ID required. Age restricted. Email for information.

Miscellaneous Youth Network (MYN)

(support, youth, education)

Location: Calgary

Services: Provides education, support, and resources for GBLQTT youth and the community through youth-friendly gatherings and educational programs.

Website: <http://www.miscyouth.ca>

Contact: (403) 282-0127

Submit an email through the website – 'Contact Us' section

Notes: A free magazine Gilbble.Kit is available in Calgary and can be viewed on the website.

Pride Centre of Edmonton

(support, outreach, advocacy & organizing)

Location: GLBT Pride Centre of Edmonton, 9540-111 Avenue, Edmonton, AB, T5G 0A5

Services: Resources, support, and programming for the LGBTTIQQ2SAA community and supporters in Edmonton and surrounding area.

Drop-in centre, monthly programming, community access computers with internet access for members, information and resources, extensive library, and meeting space.

Website: <http://pridecentreofedmonton.org>

Contact: (780) 488-3234

Fax: (780) 482-2855

Note: Visit the web site for information.

Sexual Minorities Liaison Committee

(advocacy & organizing, support)

Location: Edmonton, AB

Services: Volunteer community members who work with Edmonton Police Service (EPS) for public safety and security of the lesbian, gay, bisexual, transgender, transsexual, two-spirited, and queer (LGBTQ) community.

Support for individuals when they report a crime, seek professional and nonjudgmental police services, and support.

Advocates for the inclusion of the community in all aspects of the Edmonton Police Service.

Website: <http://www.edmontonpolice.ca>

Contact: eps-lgbtq@yahoo.ca

Facebook: Edmonton Police Service Sexual Minorities Liaisons Committee

TTIQ Support Edmonton Blog

(support, information)

Location: Edmonton, AB

Services: A mixed-gender support group blog for people who identify as transgender, transsexual, intersex or are questioning. Services include finding information, educational resources and all things trans-related.

Website: <http://ttiqsupportedmonton.blogspot.com/>

Contact: N/A

Unitarian Church of Calgary

(support, religious)

Location: 1703 1st Street N.W., Calgary, AB, T2M 4P4

Services: A safe space for all people to explore their spirituality. It embraces and celebrates the presence and participation of people of all races, sexual orientations, and physical limitations.

Website: <http://www.unitarianscalgary.org/>

Contact: (403) 276 2436 for general inquiries

Notes: Visit the website for event and contact information.

University of Alberta – OUTreach

(advocacy & organizing, support)

Location: Edmonton, AB

Services: Provides information, a social setting, support, and a place to be oneself.
Meets every Tuesday at 5:00pm at Athabasca Hall on campus.

Website: <http://www.ualberta.ca/~outreach>

Contact: outreach@ualberta.ca

Facebook: http://www.facebook.com/home.php?sk=group_17625498033

Youth Understanding Youth (YUY)

(support, youth)

Location: First Baptist Church, 10031-109 St., Edmonton, AB; in the community hall

Services: Provides a warm and welcoming place where LGBTQ youth (under the age of 25) can get together to have fun, learn about themselves and others in a safe, supportive, inclusive and caring environment.
Group meets every day Saturday from 7:00-9:00 p.m.

Website: <http://www.yuyedm.ca>

Contact: yuy@shaw.ca

BRITISH COLUMBIA

Advocate: Scammell, Audrey

(advocacy & organizing, support, information)

Location: Victoria, BC
Services: Provides support, advocacy and information for trans individuals.
Website: N/A
Contact: Audrey Scammell (250) 598-9711
audrey.s@shaw.ca
Notes: Serves only the Victoria area.

Cognitive-Behavioural Therapy Group for Transgender Youth

(health care, support, youth)

Location: 675 W. Hastings Street, Vancouver BC V6B 1N2
Services: Offers compassionate and informed care, an existential-humanistic perspective, and a collaborative approach to gender issues.
Website: <http://www.drmeladypreece.com>
Contact: Dr. Melady Preece (604) 685-5961, drpreece.office@gmail.com
Fax: (604) 685-5961
Mobile: (604) 831-4444 (if urgent)
Notes: Clients are expected to pay for each session at the time it is held, unless it is agreed otherwise. Visit the website for more information about the prices.

Gender Outlaws

(support, advocacy & organizing, outreach)

Location: Nelson, BC
Services: Peer, social and support group for all gender-variant people.
Group does activism and outreach work to increase public awareness of gender issues.
Website: <http://www.kootenaytransgender.com/>
Contact: Christopher Moore (250) 354-5362, christopher@ankors.bc.ca
Notes: Call for additional information and meeting times.

Muliebrety

(support)

Location: Prince George, BC
Services: One-on-one group peer support for Male-to-Female transsexuals in the northern region
Website: N/A
Contact: Willow Arune (250) 614-1529, waklittleboots9@gmail.com

Positive Women's Network

(support, education, health care)

Location: 614-1033 Davie Street, Vancouver, BC, V6E 1M7

Services: Support, education, and prevention programs for women and transwomen.
Website: <http://pwn.bc.ca/>
Contact: (604) 692-3000 or Toll free in BC: 1-866-692-3001
pwn@pwn.bc.ca
Facebook: <http://www.facebook.com/Positivewomensnetwork>
Notes: No specific group for trans-women but welcome to use all the services. There are many trans individuals working at the Positive Women's Network and very trans friendly.

The Cornbury Society

(support)

Location: Vancouver, BC
Services: A social and support society for anyone who dresses opposite from their birth gender, as well as for those who support them.
Website: <http://www.cornbury.org>
Contact: info@cornburg.org
Notes: Visit the website for prices of membership.

Trans Alliance Society

(support, advocacy & organizing, outreach, information)

Location: 1170 Bute Street, Vancouver, BC V6E 1Z6
Services: Provides the resources and information needed by trans-persons throughout British Columbia. TAS speaks at schools and in the workplace, enlisting the support and participation of allied individuals and groups, and pushing for reforms.
Website: <http://www.transalliancesociety.org>
Contact: Kelly Worrall (Secretary), secretary@transalliancesociety.org
Notes: Visit the website for more information.

Trans Alliance Society – BC FTM Network

(advocacy & organizing, support, outreach, education)

Location: Vancouver, BC
Services: Provides outreach to the female-to-male (FTM) transgender and transsexual community in BC and information and peer support contact information for FTMs, their families, friends, partners, and allies. Library includes video resources, books, and newsletters. Participates in community and political activities, and provides education for service providers and the general public. Members of the BC FTM Network facilitate *FTM Etc.*, a peer-run support/discussion group that meets monthly in Vancouver
Website: <http://www.transalliancesociety.org/members.html>
Contact: (604) 683-2278
bcftmnetwork@hotmail.com
Notes: Chapters in the Kootenays, Nanaimo, and Powell River. Email or phone for information.

Trans Connect*(support, information, workshops)*

- Location: Nelson, BC
- Services: Provide support and resources for transgender and gender variant folks in East and West Kootenays.
Provide educational workshops and resources for service providers, educators, mental health workers, and police.
- Website: <http://www.kootenaytransgender.com/tconnect.html>
- Contact: Christopher Moore (250) 354-5362, christopher@ankors.bc.ca

Transgender Health Program*(health care, support)*

- Location: Three Bridges Community Health Centre, 301-1290 Hornby Street, Vancouver, BC, V6Z 1W2
- Services: Brings together trans people, their loved ones, health care providers, health planners, and researchers to work on improving transgender health services in BC.
- Website: <http://transhealth.vch.ca/>
- Contact: (604) 734-1514 or 1-866-999-1513 (BC only)
Fax: (604) 633-4241
transhealth@vch.ca

Transgender Health Program – Trans Youth Drop-In*(support, youth)*

- Location: Britannia Community Center, 1661 Napier Street, Vancouver, BC
- Services: A program of *Transgender Health Program*. A place to meet other youth who are interested in trans stuff, watch trans movies, make art & 'zines, eat snacks, get info about local resources, and just generally hang out in a space where you can relax and be yourself.
- Website: <http://transhealth.vch.ca/youth>
- Contact: (604) 734-1514, ex. 1
transyouthdropin@yahoo.ca
- Notes: Run by trans youth and loved ones.

University of British Columbia – Pride UBC*(advocacy & organizing, support, education)*

- Location: UBC Student Union Building in the Resource Group Suite on the 2nd floor, Room 245C, Vancouver, BC
- Services: A resource group that offers educational and social services dealing with sexual and gender diversity to the UBC community, including but not limited to students, staff, and faculty. Services include support, social events, and educating the wider UBC community.
- Website: <http://www.prideubc.com/forums/>
- Contact: Pride UBC, Box 9 Student Union Building, 6138 SUB Blvd. Vancouver, BC, V6T 1Z1
(604) 822-4638

Fax: (604) 822-9019 ATTN: Pride UBC

prideubc@gmail.com

Vancouver Girl's Night Out Club (Vangno)

(support)

Location: Vancouver, BC

Services: For local trans individuals of all types and loved ones to meet, chat, and plan outings together.

Website: <http://groups.yahoo.com/group/vangno>

Contact: To post message: vangno@yahoogroups.com

To subscribe: vangno-subscribe@yahoogroups.com

Notes: Yahoo ID required. Age restricted. Applicants supplying limited information, such as just a name and gender will not be admitted. Must provide details of who you are and your TG interests. New members, out of town visitors, wives, and significant others are welcome.

Vancouver Island Dudes

(support)

Location: Vancouver, BC

Services: Vancouver Island Dudes is a listserv for male-identified transmen on Vancouver Island, as well as having a chill out group in Victoria.

Website: <http://groups.yahoo.com/group/vanislandudes/>

Contact: vanislandudes-owner@yahoogroups.com

To subscribe: vanislandudes-subscribe@yahoogroups.com

To post message: vanislandudes@yahoogroups.com

VanGuys

(support)

Location: Province-wide

Services: A Yahoo Group. For FTM or questioning individuals. For membership, send a brief comment saying why you would like to join and indicate your location.

Website: <http://groups.yahoo.com/group/vanguys/>

Contact: To subscribe: vanguys-subscribe@yahoogroups.com

To post messages: vanguys@yahoogroups.com

Notes: Yahoo ID required. Age restricted.

Vibrant Group

(training)

Location: 204 – 1230 East 8th Ave, Vancouver, BC, V5T 1V2

Services: Diversity training company that focuses on LGBT topics.

Website: <http://vibrantgroup.ca/>

Contact: (604) 879-0335

Fax: (604) 876-9697

Victoria Gender Queers

(support)

Location: Victoria, BC
Services: A Yahoo Group for genderqueers of Victoria and area.
Website: <http://groups.yahoo.com/group/vicgenderqueers/>
Contact: vicgenderqueers-owner@yahoogroups.com
To subscribe: vicgenderqueers-subscribe@yahoogroups.com
To post message: vicgenderqueers@yahoogroups.com
Notes: Yahoo ID required. Age restricted.

MANITOBA

Endocrinologist: Roe, Dr. Bruce

(health care)

Location: St Boniface General Hospital, 409 Tache Avenue, Winnipeg, MB, R2H 2A6
Services: Endocrinologist who assesses transgender patients and prescribes hormones. Referral from your general practitioner required.
Website: N/A
Contact: (204) 233-8563, ext. 2353108

Klinic Community Health Centre

(medical, support)

Location: 870 Portage Avenue, Winnipeg, MB, R3G 0P1
Services: Medical care and counselling for the public.
Trans Health Clinic A trans-specific primary health service to transgender individuals who are unable to receive these services elsewhere. Accustomed to helping transgender patients and are sensitive to their needs.
Website: <http://www.klinic.mb.ca/>
Contact: (204) 784-4090
Fax: (204) 772-7998
klinic@klinic.mb.ca

Manitoba Adolescent Treatment Centre

(support, youth)

Location: Winnipeg, MB
Services: Provides counseling and social workers to help TG kids sort out feelings in a safe environment.
Website: <http://www.matc.ca/>
Contact: Administration office: 120 Tecumseh Street, Winnipeg, MB, R3E 2A9
Centralized intake: (204) 477-6391
Fax: (204) 783-8948
info@matc.ca
Notes: Visit the website for more information

Manitoba Health

(health care, identity documents)

Location: Winnipeg, MB
Services: Provides information on *Manitoba Health Care* coverage for transgender patients. Help with changing the gender designation on health cards.
Website: <http://www.gov.mb.ca/health/>
Contact: Manitoba Health Client Services, 300 Carlton Street, Winnipeg, MB, R3B eM9
(204) 786-7101 or Toll-free: 1-800-392-1207

Notes: Visit the website for contact information and services.

Maples Surgical Centre

(medical)

Location: 7-1291 Jefferson Avenue, Winnipeg, MB
Services: Offers a broad range of procedures in plastic surgery.
Website: <http://www.nationalsurgery.com/>
Contact: (204) 633-1108
inform@nationalsurgery.com

Men's Resource Centre

(advocacy & organizing, support, outreach, workshops, shelter)

Location: 200 – 321 McDermot Avenue, Winnipeg, MB, R3A 0A3
Services: Provides a wide range of services to individual men including counseling, community outreach, groups and workshops, and emergency shelter.
Confidential services by professional staff, students, and trained volunteers. The organization has worked with trans-folks.
Website: <http://www.mens-resource-centre.ca>
Contact: (204) 415-6797
mrc@mens-resource-centre.ca
Notes: Visit the website for more information on programming and contact the intake line for more details.

Nine Circles Community Health Centre

(health care, advocacy & training, support)

Location: 705 Broadway, Winnipeg, MB, R3G 0X2
Services: Offers services to the GLBTT community; HIV-testing, counselling, and client advocacy (EG. housing and employment) for trans individuals.
Website: <http://www.ninecircles.ca>
Contact: General Line: (204) 940-6000 or Toll Free: 1-888-305-8647 or Clinic: (204) 940-6001
ninecircles@ninecircles.ca
Facebook: <http://www.facebook.com/NineCirclesCommunityHealthCentre>

Plastic Surgeon: Ziesman, Dr. M.

(medical)

Location: 560-201 Portage Avenue, Winnipeg, MB, R3B 3K6
Services: Breast augmentation, orchiectomies, and breast reductions. Psychologist's reference required.
Website: <http://ziesmanncosmetic.com/>
Contact: (204) 942-5070

Psychologist: Henderson, Dr. Jule*(health care)*

Location: 146 Arlington Street, Winnipeg, MB

Services: Psychologist in private practice with 30 years' experience in providing therapy and assessment for transgender clients and their families. Henderson has worked with over 200 transgender clients in Manitoba, including children, adolescents, and adults.

Website: N/A

Contact: (204) 784-7703
Fax: (204) 784-7701
julehenderson@shaw.ca

Notes: Manitoba Health does not pay psychology fees. Many third-party health insurance companies reimburse psychology fees.

Rainbow Resource Centre*(support, education, outreach)*

Location: 170 Scott (at Wardlaw), Winnipeg, MB

Services: Non-profit organization that provides comprehensive education and outreach, accessible counselling and other programs and services for lesbian, gay, bisexual, trans, two-spirited, intersex, queer, and questioning individuals, as well as their families and communities of Manitoba and Western Ontario.

Website: <http://www.rainbowresourcecentre.org>

Contact: Mailing Address: Box 1661 STN Main, Winnipeg, MB, R3C 2Z6, Canada
(204) 284-5208
info@rainbowresourcecentre.org

Notes: Visit the website or call for more information about the different services and programs.

Sexuality Education Resource Centre Manitoba (SERC)*(education, training, information, support)*

Location: (Brandon Office) 161-8th Street, Brandon, MB, R7A 3W9 or (Winnipeg Office) 200-226 Osborne St. N., Winnipeg, MB, R3C 0W4

Services: A community-based, non-profit, pro-choice organization that promotes sexual health through education. GLBTT-related information is on the website. One of the programs available through SERC is ALLY, which works to increase the visibility of supportive people and spaces for GLBTT people in the Brandon community. By increasing awareness and providing education around sexual and gender identity, the ALLY program increases the number of knowledgeable persons who are able to support GLBTT people in the community.

Website: <http://www.serc.mb.ca/SERC/>

ALLY Program: <http://www.serc.mb.ca/content/article/allyprogram?market=GE&topic=AS&subject=1>

Contact: Brandon Office: (204) 727-0417
Fax: (204) 729-8364
brandon@serc.mb.ca
Winnipeg Office: (204) 982-7800
Fax: (204) 982-7819

info@serc.mb.ca

Notes: Contact Brandon office for information about the ALLY program.

Sheps Hair Transplant Clinic

(health care)

Location: 205 Edmonton Street (2nd floor), Winnipeg, MB, R3C 1R4

Services: Laser hair removal, hair transplants, laser skin resurfacing. Trans patients report being treated with respect and achieving high quality results.

Website: <http://www.shepshair.com/>

Contact: (204) 956-7709

Fax: (204) 942-4399

sheps@mts.net

Notes: Visit website for more information and clinic hours.

Winnipeg Transgender Group

(advocacy & organizing, support, information, outreach)

Location: Winnipeg, MB

Services: A volunteer-run organization of MTF, FTM and inter-sexed individuals. Peer support and information in a non-judgmental environment for anyone exploring gender identity or transition. Families, friends, or significant others are welcome. All ages.

Outreach work with health care professionals, organizations, TG groups and individuals who live in other provinces.

Group meets on the 3rd Friday of each month at the Rainbow Resource Centre, located at 170 Scott (at Wardlaw), Winnipeg, MB.

Website: <http://winnipegtransgendergroup.com/>

Contact: Mailing address: Winnipeg Transgender Group, c/o Rainbow Resource Centre, Box 1661 STN Main, Winnipeg, MB, R3C 2Z6, Canada

Telephone: No direct phone number; contact through Rainbow Resource Centre at (204) 474-0212

contact@winnipegtransgendergroup.com

NEW BRUNSWICK

AIDS Moncton

(support, education, training, health care, workshops, information)

- Location: 80 Weldon Street, Moncton, NB, E1C 5V8
- Services: Mission is to improve the quality of life of those afflicted and affected by HIV/AIDS and to reduce the spread of HIV and other sexually transmitted infections.
Services include: referrals, subsidized housing, access to workshops, treatment and health promotion information, and support funds for people living with HIV/AIDS. There is also prevention work, such as peer education training, workshops, education/prevention materials, and more.
- Website: <http://www.sida-aidsmoncton.com/>
- Contact: (506) 859-9616
Fax: (506) 855-4726
- Notes: Call or visit the website for more information on the different programs and services.

AIDS New Brunswick

(support, education, health care, advocacy & training)

- Location: 65 Brunswick St, Fredericton, NB, E3B 1G5
- Services: A provincial organization facilitating community-based responses to the issues of HIV/AIDS. Promotes and supports the health and well-being of persons living with and affected by HIV/AIDS and to reduce the spread of HIV/AIDS.
Services include: A toll-free HIV/AIDS Helpline, resource library/centre, individual counseling, education sessions/consultations, policy consultations, referrals, information displays, condom distribution, needle exchange, support funds for persons living with HIV/AIDS, treatment information, peer support, advocacy, skills-building, speakers bureau, awareness events and volunteer opportunities.
- Website: <http://www.aidsnb.com>
- Contact: (506) 459-7518
Fax: (506) 459-5782
Toll Free Helpline: 1-800-561-4009
info@aidsnb.com
Facebook: <http://www.facebook.com/aidsnb>

Centenary-Queen Square United Church

(support, religious)

- Location: 215 Wentworth Street, Saint John, NB, E2L 2T4
- Services: An affirming congregation of the United Church of Canada committed to welcoming and accepting all people regardless of age, gender, gender identity, race, sexual orientation, differing abilities, ethnic backgrounds or economic circumstances.
- Website: <http://cqsunited.ca/index.html>
- Contact: (506) 634-8288
Fax: (506) 642-6514
cqsunited@nb.aibn.com

Notes: This church holds Saint John's largest collection of gay, lesbian, bisexual, and transgender books. There are no fees.

Endocrinologist: Dornan, Dr. John

(medical)

Location: St. John Regional Hospital, Saint John, NB
Services: Endocrinologist and internal medicine, experienced with transsexuals. By referral.
Website: N/A
Contact: (506) 648-7304

Mount Allison University – Catalyst

(support)

Location: Mount Allison University, Sackville, NB
Services: A student organization for gay, lesbian, bisexual, transgender, two-spirited, questioning and straight individuals.
Services include: support, student-run activities, campus social events, and much more. Group meets every week in the Manning Room (Chapel Basement) on campus.
Website: <http://www.mta.ca/clubs/catalyst/>
Contact: catalyst@mta.ca

Psychologist: Byers, Dr. Sandra

(health care)

Location: 455 George Street, Fredericton, NB, E3B 1J8
Services: Clinical and consulting psychologist, has contacts with people in Toronto Gender Clinic and the Vancouver Gender Identity Clinic
Website: N/A
Contact: (506) 454-6417

Trans Support Group

(support)

Location: Moncton, NB
Services: Monthly peer support group for transgender people in the Moncton area. The group welcomes all MTF, FTM, Androgynous, 2-spirit, and cross dressers.
Website: N/A
Contact: be_tgmoncton@live.com
Notes: To join group, send an e-mail to get placed on the group e-mailing list.

University of New Brunswick – Spectrum

(support)

Location: Room 235, Marshall D'Avry Hall, University of New Brunswick, Fredericton, NB
Services: A peer support and social interaction group for lesbian, gay, bisexual, transgendered, questioning and gay friendly students at University of New Brunswick (UNB) and St. Thomas University (STU).

Weekly meetings on Fridays at 5:30pm are open to students and non-students.

Website: <http://www.unb.ca/clubs/spectrum/>

Contact: spectrum@unb.ca

Notes: Email for more information.

University of New Brunswick – OUTlaw

(support, legal)

Location: University of New Brunswick, Fredericton, NB

Services: A student-run LGBTQ social support group for students at University of New Brunswick's (UNB) law school. The association provides input on legal matters that concern the Rainbow community. The members are willing to confer informally with Rainbow people and their allies on legal matters, and to offer peer support

Website: N/A

Contact: l.a.henry@unb.ca

Facebook: <http://www.facebook.com/#!/pages/UNB-OUTLaw/136424304071?sk=info>

University of New Brunswick – Sexuality Centre

(support, education, workshops)

Location: University of New Brunswick, Room 203 of the Student Union Building, Fredericton, NB

Services: A peer-led space dedicated to promoting understanding and positive attitudes through education on issues surrounding health, orientation, and relationship.
Services include: a safe and supportive environment for students who are GLBTQQ, free condoms, information, workshops and presentations, library of resources, and more.

Website: <http://www.unb.ca/fredericton/studentservices/health-wellness/sexuality/index.html>

(506) 452-6272

sexuality@unb.ca

Notes: Hours of operation posted on the door of the office.

NEWFOUNDLAND & LABRADOR

AIDS Committee of Newfoundland and Labrador (ACNL)

(support, education, health care, outreach, information)

Location: 47 Janeway Place, St. John's, NL, A1A 1R7

Services: A consumer-focused, non-profit organization that provides supportive programs and services aimed at preventing HIV/AIDS and supporting persons living with and affected by HIV/AIDS.

Services include: education and outreach, health promotion, PHA health fund, and harm reduction.

Website: <http://www.acnl.net>

Contact: (709) 579-8656 or Toll Free line: 1-800-563-1575

Fax: (709) 579-0559

info@acnl.net

Gander GLBT

(advocacy & organizing, support)

Location: Gander, NL

Services: Community-based GLBT group

Website: N/A

Contact: P.O. Box 246, Gander Women's Center

(709) 256-4395 or (709) 533-2507

Memorial University of Newfoundland – LGBT Resource Centre

(support, education, information)

Location: Memorial University of Newfoundland (MUN), NL

Services: Confidential peer support service for lesbian, bisexual, gay, transgendered students and those who are questioning their sexuality.

A safe place on campus for LGBT students to share information.

Website: N/A

Contact: (709) 864-7619

lbgt@munsu.ca

Notes: Call or e-mail for more information and location of this resource centre.

Newfoundland Gays and Lesbians for Equality (NGALE)

(education, support)

Location: St. John's, NL

Services: Community-based, not-for-profit volunteer organization providing support and education to and for gay, lesbian, bisexual, and transgendered persons, and the public.

Website: N/A

Contact: (709) 753-4297

info@ngale.org

Sexual Health Centre for Labrador and Newfoundland – Camp Eclipse

(support, education, workshops)

- Location: St. Johns, NL
- Services: A program of *Planned Parenthood*. Brings together youth (ages 16 to 24), whether straight, lesbian, gay, bisexual, trans-identified, two-spirit, intersex, queer, questioning, or anything between or beyond. Youth are offered the opportunity to build strong social support networks by meeting and interacting with other youth and community leaders. Provides youth with a safe, non-judgmental environment where they can exchange ideas, learn about healthy lifestyle choices, and discover coping skills.
- Website: <http://nlsexualhealthcentre.org/>
- Contact: Costa Kasimos (709) 579-1009
executivedirector@nlsexualhealthcentre.org
Facebook: <http://www.facebook.com/group.php?gid=72024779136#/group.php?gid=72024779136>
Planned Parenthood Sexuality Centre: (709) 579-1009 or Toll Free: 1-877-666-9847
- Notes: Visit the website or call for more information.

Sexual Health Centre for Labrador and Newfoundland – LBGTQ Youth Group

(support, youth)

- Location: 203 Merrymeeting Road, St. John's, NL, A1C 2W6
- Services: A program of *Planned Parenthood: Newfoundland and Labrador*. Sexual health centre. A social group for lesbian, bisexual, gay, transgendered, queer, questioning, allied or curious youth between 16-24. Group meets once a month and engage in many social activities.
- Website: <http://nlsexualhealthcentre.org/>
- Contact: Rob Sinnott (Volunteer Coordinator) at (709) 699-0509
lgbtq@nlsexualhealthcentre.org
Facebook: http://www.facebook.com/home.php?sk=group_6549440145
Planned Parenthood Sexuality Centre: (709) 579-1009 or Toll Free: 1-877-666-9847

Sexual Health Centre for Newfoundland and Labrador – Planned Parenthood

(support, education, information)

- Location: 203 Merrymeeting Road, St. John's, NL, A1C 2W6
- Services: A non-profit, pro-choice sexual health centre serving the province. Promotes positive sexual health through education, community partnerships, information and services. Services are provided to all persons of all ages, regardless of ability to pay.
- Contact: Executive Director: Costa Kasimos, executivedirector@nlsexualhealthcentre.org
Education Coordinator: Sarah MacAulay, educationcoord@nlsexualhealthcentre.org
Client Services Coordinator: Glynis Welsh, info@nlsexualhealthcentre.org
(709) 579-1009 or (709) 579-1009 or Toll-free: 1-877-NO-MYTHS (666-9847)
- Note: If you have a question and you need an immediate answer, please telephone. If it is outside clinic hours you may call other agencies, such as:
The NL Health Line 1-888-709-2929 1-888-709-2929

NL Sexual Assault and Crisis Centre 1-800-726-2743 1-800-726-2743

Mental Health Services Crisis Line 1-888-737-4668 1-888-737-4668

NL Aids Committee 1-800-563-1575

Kids Help Phone 1-800-668-6868

Nunavut, the Yukon and the Northwest Territories

It Gets Better Yellowknife

(support)

- Location: Yellowknife, NT
- Services: Outreach program designed to help support queer youth and their allies in Yellowknife.
24 hour emergency phone line for emergency shelter, mentorship, etc.
E-mail, face-to-face and phone mentoring.
Facilitation of workshops/presentations on queer issues and identities.
Advises businesses, organizations and agencies on how to be more queer inclusive
Support to all LGBTQ youth and allies in Yellowknife.
Answers anonymous questions on website at www.itgetsbetteryk.org/ask
Group also raises awareness in the community.
- Website: <http://www.itgetsbetteryk.org>
- Contact: Jacq Brasseur (Co-Chair): 867-445-5878
Nicole Garbutt (Co-Chair): 867-446-4543
Emergency Line: 867-445-5878
itgetsbetteryk@hotmail.com
Facebook: <http://facebook.com/itgetsbetteryk>
- Notes: Watch for events and celebrations offered by this group.

NWT Pride

(advocacy & organizing)

- Location: Northwest Territories
- Services: A three day festival supporting and celebrating the LGBTQ* community of the Northwest Territories.
- Website: N/A
- Contact: nwtpride@gmail.com
Facebook: <https://www.facebook.com/nwtpride>
- Notes: Watch for events and celebrations offered by this group.

NOVA SCOTIA

AIDS Coalition of Cape Breton

(support, education, advocacy & training, health care)

Location: 150 Bentinck Street, PO Box 177, Sydney, NS, B1P 6H1

Services: A non-profit, community-based, volunteer-driven organization.

A community development approach to education, support, and advocacy on HIV/AIDS and related issues for the people of Cape Breton.

Working to prevent the spread of HIV and to create a supportive environment for those infected by HIV/AIDS.

Website: <http://www.accb.ns.ca/>

Contact: Christine Porter (Executive Director), christineporter@aacb.ns.ca

AIDS Coalition of Nova Scotia

(support, education, health care)

Location: 1668 Barrington Street, Suite 401, Halifax, NS, B3J 2A2

Services: Non-profit, community-based AIDS organization.

Direct services and support for people living with HIV/AIDS

Various prevention programs across Nova Scotia.

Website: <http://acns.ns.ca>

Contact: Local: (902) 425-4882 or (902) 429-7922 or Toll-free: 1-800-566-2437

Fax: (902) 422-6200

Notes: Can send webmail through the website.

Bedford United Church (BUC)

(support, religious)

Location: 1200 Bedford Highway, Bedford, NS, B4A 1C3

Services: A congregation open toward, and accepting of, all people, regardless of race, socio-economic circumstances, religious background, sexual orientation, or any other factors that tend to divide and separate people.

Website: www.bedfordunited.com

Contact: (902) 835-8497 or (902) 835-5964

Fax: (902) 832-1606

bedfordunited@eastlink.ca

BLT Womyn of Halifax

(support)

Location: Dalhousie Women's Centre, 6286 South Street, Halifax, NS

Services: A Yahooo Group. Social support for bisexual, lesbian, and transgender women, offering open discussions in a safe and positive environment.

Group meets bi-weekly on Sunday evenings.

Website: <http://ca.groups.yahoo.com/group/blt-womynofhalifax/>

Contact: Sue (902) 499-0335
To post message: blt-womynofhalifax@yahoogroups.ca
To subscribe: blt-womynofhalifax-subscribe@yahoogroups.ca

Cumberland Pride Society

(support, education, outreach)

Location: Amherst, NS
Services: A non-profit organization committed to the support of the LGBT community. They aim to establish positive educational forums to raise awareness in the community, and celebrate diversity.
Website: N/A
Contact: cumberlandpride@hotmail.com
Facebook: <http://www.facebook.com/pages/The-Cumberland-Pride-Society/115156705164097?sk=info>

Dalhousie University – DalOut

(advocacy & organizing, support, education)

Location: Room 321, Student Union Building, 6136 University Avenue, Halifax, NS
Services: Provides education, advocacy, and support for gay, lesbian, bisexual, transgendered, transsexual, two-spirited, gender variant, inter-sexed, queer individuals, and the people who support them.
Dalhousie's Law School community has a specific group called OUTLaw, which also acts as a source of support of its members, and the community. Raises awareness through education, discussion, sharing information, and organizing events.
Website: <http://societies.dsu.ca/DalOUT>
Contact: (902) 494-2190
dalOUT@dal.ca
Facebook: <http://www.facebook.com/group.php?gid=2416842853>

Halgal

(support, information)

Location: Halifax, NS
Services: Yahoo Group mailing list that keeps abreast of events, information and entertainment for "dykes, lesbians, bi women, trans people, and queer grrrls and bois in Halifax".
Website: <http://groups.yahoo.com/group/hal-gal/>
Contact: To post message: hal-gal@yahoogroups.com
To subscribe: hal-gal-subscribe@yahoogroups.com

Masculine and Gender Spectrum

(support)

Location: Halifax, NS
Services: A Yahoo Group. Support for all transgender, transsexual and trans men, FTM, female assigned at birth gender queers, two-spirited, intersexes, and questioning people 18 years of age or older. No significant others, friends, family or allies are welcome.

Group meets every 2nd Sunday of the month from 1-3 pm at *Just Us Café*, 5896 Spring Garden Road, Halifax, NS.

Website: <http://ca.groups.yahoo.com/group/genderspectrum/>

Contact: To post message: genderspectrum@yahoogroups.ca

To subscribe: genderspectrum-subscribe@yahoogroups.ca

Notes: Yahoo ID required.

Mount St Vincent University – Mount Pride

(support, training, information)

Location: Rosaria Student Centre, 166 Bedford Highway, Halifax, NS, B3M 2J6

Services: A program of *Mount Saint Vincent University* to support, educate, advocate, and offer activities to students, staff, and faculty of the LGBTQ community, their allies, and the community.

Works with students, faculty, and staff to provide programs, services, social opportunities, training, support, referral, and resources on LGBTQ issues at the Mount.

Website: <http://mountstudents.ca/content/diversitycentre>

Contact: mountpride@mountstudents.ca

Facebook:

http://www.facebook.com/update_security_info.php?wizard=1#!/groups/mountpride

Northern AIDS Connection Society (NACS)

(support, education, health care)

Location: 33 Pleasant Street, Truro, NS, B2N 3R5

Services: Promotes the health and well-being of persons living with, and those afflicted with, HIV/AIDS. Offer support, services, referrals and education to individuals, families, loved ones, groups and communities throughout the Northern Region. All services are provided in a safe, nonjudgmental and confidential environment.

Website: <http://www.northernaidsconnectionsociety.ca/>

Contact: (902) 895-0931 or 1-866-940-2437

Fax: (902) 895-3353

nacs@eastlink.ca

Notes: NACS supports Pride groups. Call or visit website for more information.

Nova Scotia Rainbow Action Project (NSRAP)

(advocacy & organizing)

Location: 2100-1801 Hollis Street, Halifax, NS, B3J 2X6

Services: A voice for the gay, lesbian, bi-sexual and transgender community in Nova Scotia since 1995.

Fosters change through volunteer collaboratively with government, institutions, and business.

Web site: <http://www.nsrp.ca/>

Contact: (902) 444-3206

nsrap@nsrap.ca

Twitter: <http://twitter.com/#!/nsrap>

Facebook: <http://www.facebook.com/nsrap>

Pridehealth

(support, health care)

Location: Halifax, NS

Services: A program of *Capital Health* and the *IWK Health Centre*.

Clinical nursing specialist is available free of charge, offers complete confidentiality, provides support with any kind of health care.

Support for those experiencing homophobia or transphobia.

Website: N/A

Contact: Anita (902) 220-0643

Rainbow Proud Nova Scotia

(support)

Location: Truro and surrounding areas, NS

Services: A loose-knit group of volunteers which meets randomly to plan activities such as parades, outing, dances, and more.

Website: <http://rainbowproudnovascotia.ca/>

Contact: rainbowproud@hotmail.com

Rainbow Warriors – AAHA!

(support, workshops, education)

Location: Antigonish and the surrounding area, NS

Services: A Facebook Group. LGBT support for queer youth in Antigonish and the surrounding area. Create visibility, build awareness, and educate the community on queer issues. Members are not pressured to “come out”. Straight-identified allies are welcomed.

Website: N/A

Contact: antigonishrainbowwarriors@gmail.com

Facebook: <http://www.facebook.com/#!/groups/96481357408>

Notes: E-mail or visit Facebook for information, meeting times and events.

Sexual Health Centre for Cumberland County (SHCCC)

(support, education, health care)

Location: 11 Elmwood Drive, P.O. Box 661, Amherst, NS, B4H 4B8

Services: A sexuality resource centre promoting healthy sexuality for all Cumberland County residents in an environment that respects and supports choice.

Services are for all people of all ages, youth- friendly, and confidential with an emphasis on education and prevention.

Individuals can ask about bisexual/gay/lesbian/straight/transgender topics.

Website: <http://cumberlandcounty.cfsh.info/>

Contact: (902) 667-7500

Fax: (902) 667-0585

Sexual Health Centre for Halifax

(support, education, health care)

Location: 6009 Quinpool Road, Suite 201, Halifax, NS, B3K 5J7

Services: A non-profit, charitable organization promoting sexual and reproductive health, respectful and supportive of individual choice.

Services include: Drop-in, Doctor, HIV Nurses, and counseling.

Website: <http://www.hshc.ca/>

Contact: (902) 455-9656

Fax: (902) 429-3853

admin@hshc.ca

Sexual Health Centre for Lunenburg County

(support, education, health care, outreach)

Location: 4 Hillcrest Street, Unit 8, Bridgewater, NS, B4V 1S9

Services: Services to everyone – men and women, boys and girls of any age, race, sexual orientation, gender, income level, etc.

Services include: newsletter, free pregnancy testing, pregnancy options counseling, free condoms, free lubricant, free pamphlets, lending library, referrals, public education, community and school presentations, and counselling.

Does NOT provide; Pap tests, STI tests, birth control, prescriptions, or services requiring a doctor or nurse.

Website: <http://www.lunco.cfsh.info/>

Contact: (902) 527-2868

lunco@nssexualhealth.ca

Sexual Health Centre for Pictou County

(support, education, health care)

Location: 503 South Frederick Street, New Glasgow, NS, B2H 5K7

Services: A Facebook Group. A non-profit, pro-choice organization that provides comprehensive, accessible, and up-to-date sexual and reproductive health services in a safe, confidential, and non-judgmental manner.

For women and men of all ages. GLBTTIQQ-friendly.

Website: <http://www.pictoucountysexualhealth.com/>

Contact: (902) 695-3366

Facebook: <https://www.facebook.com/pages/Pictou-County-Centre-for-Sexual-Health/163306117043105>

Southwest Nova Scotia Pride

(support)

Location: 25 Beacon Street, Yarmouth, NS

Services: A social and support group for the pride community.

Meetings are held on the second last Wednesday of every month from 7-9 p.m. in the Beacon United Church.

Website: <http://swnovapride.com/Welcome.html>

Contact: info@swnovapride.com

Tatamagouche Centre

(support, religious)

Location: 259 Loop Route 6, RR#3, Tatamagouche, NS, B0k 1V0

Services: An affirming centre within the United Church of Canada. Welcomes all gay, lesbian, and transgendered people. A place for those who care deeply about spirituality, leadership and social justice.

Website: www.tatacentre.ca

Contact: (902) 657-2231 or 1-800-218-2220

Fax: (902) 657-3445

tatacent@tatacentre.ca

The Youth Project

(support, youth, education, information)

Location: 2281 Brunswick Street, Halifax, NS, B3K 2Y9

Services: Non-profit charitable organization making Nova Scotia a safer, healthier, and happier place for LGBT youth through support, education, resource expansion, community development and more.

Monthly programs for transgender and gender queer youth such as; Transformers, Transformers Social, Drop-In, and Wilde Youth.

Website: <http://www.youthproject.ns.ca/about.php>

Contact: (902) 429-5429

Fax: (902) 423-7735

youthproject@youthproject.ns.ca

Notes: Visit the website for information on the trans-specific programs.

Trans Family Nova Scotia

(support)

Location: Halifax, NS

Services: Open, supportive, and welcoming space for friends, families, and allies as well as trans and gender queer folk themselves.

Website: N/A

Contact: (902) 431-8500

transfamily@eastlink.ca

Notes: Call or email for information on meeting times and location.

Valley Youth Project

(support)

Location: New Minas, NS

Services: A valley-based non-profit organization run by local volunteers.

A safe, supportive space for LGBTQ youth (18 and under) and allies to meet, share, and foster community.

Meetings every 1st and 3rd Sunday 4-6:30 pm, at New Minas Civic Centre.

Website: <http://www.wix.com/valleyyouthproject/home>

Contact: valleyyouthproject@gmail.com

Facebook: <http://www.facebook.com/pages/Valley-Youth-Project/22418494995?sk=info>

Wayves

(support, information)

Location: P.O. Box 34090, Scotia Square, Halifax, NS, B3J 3S1

Services: Independent publication informing GLBT people in Atlantic Canada of the activities in their communities and promoting those activities and support their aims and objectives.

Website: <http://wayves.ca>

Contact: submissions@wayves.ca

Notes: Annual subscription is \$20.00.

ONTARIO

2Spirits

(support, education, outreach)

Location: 593 Yonge St, Suite: 202, Toronto, ON, M4Y 1Z4

Services: Non-profit social services organization for Aboriginal GLBT people in Toronto.
Services include; HIV/AIDS education, outreach, prevention, support and counselling.

Website: <http://www.2spirits.com/>

Contact: (416) 944-9300
Art Zoccole (Executive Director) – ext. 222, art@2spirits.com
Corena Ryan (Long term Care Coordinator) – ext. 223, corena@2spirits.com
Percy Lezard (HIV/AIDS Educator) – ext. 226, percy@2spirits.com
Lesley Boulrice – (Support Services Worker) – ext. 224, Lesley@2spirits.com
Tony Nobis (Coordinator of Volunteer Services and Development) – ext. 225, Tony@2spirits.com

Notes: Fee for membership; more information on website

Access AIDS Network – The “T” Group

(support)

Location: Access AIDS Network, 111 Elm Street, Sudbury, ON, P3C 1T3

Services: Support and social group for trans-identified women

Website: www.accessaidsnetwork.com

Contact: Gaston Cotnoir (Health and Sexuality Coordinator) (705) 688-0500, gastonc@persona.ca

Notes: Call for more information.

Access AIDS Network – XX Club

(support)

Location: Access AIDS Network, 111 Elm Street, Suite 203, Sudbury, ON, P3C 1T3

Services: Social and support group for trans-identified men.

Website: www.accessaidsnetwork.com

Contact: Gaston Cotnoir (Health and Sexuality Coordinator) (705) 688-0500, gastonc@persona.ca

Notes: Call for more information.

Adelaide Resource Centre for Women

(support, health care, shelter, training)

Location: 67 Adelaide St East, Toronto, ON. M5C 1K6

Services: A safe, welcoming place for homeless women. On-site showers, phones, and laundry.
Lunch provided daily.
Help with healthcare, housing, life skills and social activities.

Website: N/A

Contact : (416) 392-9243

Notes: Transwomen are welcome to use the services.

AIDS Committee of London – Open Closet

(support, youth)

Location: 186 King St, Suite 30, London, ON, N5A 7K4

Services: Drop-in support group for youth (14-19 years of age) who identify as lesbian, gay, bisexual, transgender, two-spirited, queer or questioning.

Meets on Fridays from 7 to 9pm.

Website: www.aidslondon.com

Contact: (519) 434-1601 or Toll-Free: 1-866-920-1601
info@aidslondon.com

AIDS Niagara

(support, advocacy & training, education, health care)

Location: 120 Queenston Street, St. Catharines, ON L2R 2Z3

Services: Support, education and advocacy, in a safe & confidential environment, for all individuals infected or affected by HIV/AIDS.

Website: <http://www.aidsniagara.com>

Contact: (905) 984-8684 or 1-800-773-9843 (Toll-free)

Fax: (905) 988-1921

info@aidsnagara.com

Notes: Open Monday to Friday: 9am – 5pm (closed 12:30pm – 1:30pm)

Alphabet Community Centre

(support, advocacy & organizing, education, training, employment, information)

Location: London, ON

Services: Support group, provides referrals, patient advocacy, education and training on LGBT issues.

Website: <http://www.acclondon.com/index.html>

Contact: info@acclondon.ca

Notes: Email for information.

Asian Community AIDS Service (ACAS)

(support, education, health care)

Location: 17 Isabella St, 1st floor, Toronto, ON, M4Y 1M7

Services: A charitable, non-profit, community-based organization.

HIV/AIDS Education, prevention and support services to the East and Southeast Asian Canadian communities

Website: <http://www.acas.org>

Contact: (416) 963-4300

Fax: (416)963-4371

info@acas.org

Brock University – Brock Pride

(support)

Location: Brock University at 500 Glenridge Ave, St. Catharines, ON, L2S 3A1

Services: A Facebook Group. A University discussion/social support club devoted to creating a safe, social environment for students of diverse gender and sexual identities

Website: <http://www.facebook.com/pages/Brock-Pride/183291605056461#!/pages/Brock-Pride/183291605056461?sk=info>

Contact: (905) 688-5550

Email: brockpride@hotmail.com

Notes: Not necessary to be a student to attend. Join through Facebook.

CAMH — Gender Identity Clinic

(health care, support)

Location: Centre for Addiction and Mental Health, 250 College St, Toronto, ON, M5T 1R8

Services: Consultation, support, and time-limited counselling to anyone over 18 wishing to explore gender identity issues or any degree of transgendered expression.
Comprehensive assessments for transsexual clients seeking hormone treatment (HRT) and/or sex reassignment surgery (SRS)

Website: www.camh.net

Contact: (416) 535-8501
Dr. Nicola Brown (Coordinator) – ext. 4077
Nicola_brown@camh.net
Suzanne Hoyte (Secretary) – ext. 6833

Notes: The Gender Identity Service with the Child, Youth and Family Program offers consultation to those under 18.

Carleton University – GLBTQ Centre for Sexual and Gender Diversity

(advocacy & organizing, education, support)

Location: 427 Unicentre Building, Ottawa, ON

Services: Works toward gender and sexual equity through a mandate of education, advocacy and support.

Website: <http://www.cusaonline.com/glbtc/>

Contact: (613) 520-2600, ext. 3723

Email: glbt@cusaonline.com

Central Toronto Youth Services – Transcend

(support, youth)

Location: 65 Wellesley Street East, Toronto, ON, M4Y 1G7

Services: Exploring Gender and Identity through Art and Activism: a group for Trans, Queer, and questioning youth age 24 and under

Website: <http://www.ctys.org/category/groups/#transcend>

Contact: Jessica 416-924-2100 ext. 245, jessica.arruda@ctys.org

Central Toronto Youth Services– Transceptance

(support)

Location: 65 Wellesley Street East, Suite 300, Toronto, ON
Services: A peer-support group for parents and caregivers of transsexual and transgendered children
Meets the third Thursday of each month from 7 - 9 p.m. New members welcome.
Website: <http://www.ctys.org/category/groups/#transceptance>
Contact: Contact: Karen, 416-924-2100, ext. 241 or karen.brookfield@ctys.org

Children's Aid Society of Toronto – Out and Proud

(support, advocacy & training, information)

Location: Toronto, ON
Services: Training, information, consultation, and Policy development to their and other agencies. Consultation with workers, families, and group homes interested in the LGBTTTQQ community and clients.
Website: <http://www.torontocas.ca/main.php?p=135>
Contact: (416) 924-4640, Ext. 2986
outandproud@TorontoCAS.ca
Notes: Call for more information.

Chrysalis

(support)

Location: Peterborough, ON
Services: Transgender group striving to meet the needs of transgender people, their family, and friends. Open to anyone 18+ questioning their gender, including family members and friends.
Meet monthly, offering friendship, security, and support.
Website: <http://www.angelfire.com/ok3/chrysalistg/>
Contact: (705) 653-1374
Email: chrysalistg@yahoo.ca
Notes: Call or email for more information. Confidentiality is assured.

Cosmetic Surgery: Silverman, Dr. Howard J.

(medical)

Location: 1525 Carling Avenue, Suite 502, Ottawa, ON, K1Z 8R9
Services: Experience in FTM and MTF chest/breast surgery and other plastic surgeries (excluding SRS/GRS).
Website: <http://www.ottawaplasticsurgery.com/>
Contact: (613) 792-4137
Fax: (613) 792-1522
Notes: Call to request a consultation.

Counselling: David Kelley LGBTQ Counseling Program

(health care, support)

Location: 355 Church Street, Toronto, ON, M5B 1Z8

Services: Run by Family Services Toronto.
Professional, short-term, individual, couple and family counselling to LGBTQ-identified clients.
Partner Assault Response (PAR) services for court and probation-mandated individuals charged with assault on a same-sex partner.

Website: <http://www.fsatoronto.com/programs/dkslesgay.html>

Contact: Intake: (416) 595-9618

Email: serviceaccessunit@familyservicetoronto.org

Counselling: K-W Counselling Services

(health care, support)

Location: 480 Charles Street East, Kitchener, ON, N2G 4K5

Services: Inspired by a deep commitment to social responsibility and optimism in the power of relationships, K-W Counselling Services reaches out with its community partners to all families, children, individuals and neighbourhoods to discover with them those strengths and possibilities that lead to fulfilled and productive lives.

Website: www.kwcounselling.com

Contact: (519) 884-0000
Fax: (519) 884-7000

Email: intake@kwcounselling.com

Notes: Employs trans-positive counsellors.

Counselling: North Bay Counselling Services

(health care, support)

Location: Suite 314 – 269 Main Street West, North Bay, Ontario, P1B 2T8

Services: Trans social worker, Treanor Mahood-Greer provides counseling on transgender issues, sexual identity, gender identity and as well as violence against women and sexual assault/abuse.

Website: <http://www.nbcounsellingservices.com>

Contact: Mobile: (705) 494-5369 or Office: (705) 474-1205 Ext. 3645
treanor@nbcounsellingservices.com

Notes: Individual, couple and family counselling as well as groups and workshops.

Counselling: Seidl, Dr. Helma, PhD, Making a Difference

(health care, support)

Location: 3-831 Bronson Avenue, Ottawa, ON. K1S 4G5

Services: Private Practice. Specializes in transgender issues: gender questioning, transsexualism, cross-dressing/cross-gender, transgenderism, gender identity disorder and other diversities identified under the transgender umbrella.

Website: <http://www.making-a-difference.ca>

Contact: (613) 749-8008
Fax: (613) 482-9540
helma.seidl@gmail.com

Durham Lesbian, Bi, Trans Group

(support)

Location: Oshawa, ON
Services: Support group that gets together once a month to provide support in the community.
Website: N/A
Contact: (905) 439-2361
dlbtgroup@hotmail.com
Notes: Call or e-mail for more information about this group.

Family Services York Region

(support)

Location: 10909 Yonge St, Unit 57, Richmond Hill, ON, L4C 3E3
Services: Provides individual, couple and family counseling services for lesbian, gay, bisexual, transgender, two spirit, queer and questioning. There is a trans support group that gets together on alternate Wednesday evenings from 7-8:30pm.
Website: <http://www.fsyrc.ca/index.php/counselling-for-lesbian-gay-bisexual-transgender-two-spirit-and-queer-individuals>
http://www.fsyrc.ca/images/docs/current_group_cal.pdf
Contact: Barb Urman at 1-866-780-9927 ext. 225.
Notes: York Rainbow Support Line 1-888-York-LGBT (1-888-967-5542) provides information, referral, and support.

Fred Victor Centre

(support, shelter, employment, training, information)

Location: 145 Queen St East, Toronto, ON, M5A 1S1
Services: Social services organization.
A range of programs to help people find the support they need, whether it is advocacy for renters or finding shelter, job training, or counseling, food access or health information.
Website: <http://www.fredvictor.org/>
Contact: Reception: (416) 364-8228
Fax: (416) 364-8526
Notes: Some trans-specific, employment-support programming with several trans staff members.

Gender Metaphor

(support)

Location: P.O. Box 27097, Ottawa, ON, K1J 9L9
Services: Ottawa-based, Transgender support group which supports those in Eastern Ontario.
24/7 Hotline for members

Website: http://www.oocities.org/gender_metaphor/
 Contact: gendermetaphor@canada.com
 Notes: Further information available once members join the group through e-mail contact.

Gender Mosaic

(support, education, outreach)

Location: Ottawa, ON
 Services: Ottawa-based Transgender support group.
 Safe, supportive, and non-judgmental environment where MTF, FTM, Cross-dressers, Two-spirited, transgender individuals of all ages can freely express their gender identity.
 Develops positive relationships among its members and seeks to empower them and the community at large through educational and outreach activities.
 Discussion group meets monthly on the last Monday (except on statutory holidays) at 7:00pm at Pink Triangle Services located at 251 Bank St, Suite 301, Ottawa, ON.
 Website: <http://www.gendermosaic.com/>
 Contact: Confidential Phone Line: (819) 771-3764
info@gendermosaic.com
 MSN: GenderMosaic@groups.live.com
 Discussion Coordinator – information on monthly discussion meetings
monthlydiscussion@gendermosaic.com
 Notes:

Gender Mosaic Youth (GMY)

(support, youth)

Location: Ottawa, ON
 Services: Social and Support Group focusing on youth-oriented events and activities for transgendered people.
 Website: http://www.oocities.org/gender_mosaic_youth
 Yahoo: http://ca.groups.yahoo.com/group/gender_mosaic_youth
 Contact: Email can be sent through the website.
 Notes: Yahoo ID required.

Georgian College – pride@georgian

(support, workshops)

Location: Georgian College, Barrie, ON
 Services: Georgian LGBTQA Association is a student-run club.
 Safe and inclusive environment for the LGBTQA community at Georgian College.
 Support, events, workshops and activities.
 Website: N/A
 Contact: info@pgeorgian.com
 Facebook: <http://www.facebook.com/group.php?gid=30919770094>
 Notes: Email for more information. Restricted to Georgian College students.

Hassle Free Clinic

(health care, support)

Location: 66 Gerrard St East, 2nd floor, Toronto, ON, M5B 1G3
Services: Free medical and counselling in many areas of sexual health.
Recognizes the unique sexual and reproductive health needs of trans and two-spirit people and people of trans experiences.
Website: <http://www.hasslefreeclinic.org>
Contact: 66 Gerrard Street East, Toronto, ON
Women/Men/Trans Clinic: (416) 922-0566
Clinic fax: (416) 922-2018

Hormone Therapy: Barwin, Dr. Norman

(health care)

Location: 305-770 Broadview Ave Ottawa, ON, K2A 3Z3
Services: Hormone therapy, (MTF and FTM) gynecology
Website: N/A
Contact: (613) 728-5104
Notes: Referral from GP Required, not always taking new patients: inquire.

London Trans Support Group (S.W.A.T.)

(support)

Location: London Intercommunity Health Center, 659 Dundas Street East, London, ON, N5W 2Z1
Services: A program of *Alphabet Community Centre*, for all trans-identified people, their friends, and the community.
Meetings held the 1st Thursday and 3rd Tuesday of the month from 7-9pm.
Website: <http://www.tgstation.com/london>
Contact: Michelle Boyce (416) 986-4406, info@tgstation.com
Notes: When attending meetings, knock on door to be let in. All are welcome.

Ontario Female to Male Network

(support, outreach, education)

Location: 378-532 Montreal Road, Ottawa, ON, K1K 4R4
Services: Non-profit, peer-run, provincial network.
Peer support, resources, gatherings, community outreach/education in Guelph, Kingston, Ottawa, and Toronto.
Website: <http://webhome.idirect.com/~martybear/index.htm>
Contact: (613) 798-9552
Fax: (613) 728-8054
onftm@cyberus.ca

Ottawa FtM

(support)

Location: Ottawa, ON

Services: Group for FTM transsexuals, transgendered, and 2-spirited individuals, or anyone who was born female but does not wholly identify as such.

Website: <http://groups.yahoo.com/group/ottawaftm/>

Contact: To post message: ottawaftm@yahoogroups.com
To subscribe: ottawaftm-subscribe@yahoogroups.com

Notes: Yahoo ID required.

Ottawa Transforum

(support)

Location: Ottawa, ON

Services: A Yahoo Group. Online discussion serving the transsexual and transgender community and SOFFAs in Ottawa. Discussions include, but are not limited to announcements, event discussion, community dialogue and transition support.

Website: <http://ca.groups.yahoo.com/group/ottawatransforum/>

Contact: To post message: ottawatransforum@yahoogroups.ca
To subscribe: ottawatransforum-subscribe@yahoogroups.ca

Notes: Yahoo ID required. Moderated; safe space for civil and supportive discussion.

Out in Kingston

(information)

Location: Kingston, ON

Services: Website lists all the LGBT events taking place in Kingston, ON.

Website: <http://www.outinkingston.org/>

Contact: E-mail through the Website.
Facebook: <http://www.facebook.com/pages/Out-In-Kingston/128314899253>

Out on the Shelf

(support, information)

Location: 141 Woolwich Street, Unit 106, Guelph, ON, M1H 8M5

Services: Facebook Group.
Library and resource centre for LGBTTTTSIQQ communities and allies.

Website: <http://www.outontheshelf.ca>

Contact: (519) 515-0691
info@outontheshelf.ca
Facebook: http://www.facebook.com/home.php?sk=group_36051311607

Notes: Hours of operation available on the website and Facebook.

OUTniagara

(support, advocacy & training, education)

Location: St. Catharines, ON
Services: Facebook Group.
Umbrella group serving Niagara's sexual and gender-diverse community.
Website: <http://outniagara.ca>
Contact: martha@outniagara.ca
Facebook: <http://www.facebook.com/outniagara>

PTS – Bi*Amore

(support)

Location: 251 Bank St, Suite 301, Ottawa, On, K2P 1X3
Services: Support group for Bi, Bi-curious and Questioning People who are 18+.
Website: <http://ptsottawa.org/>
Contact: (613) 563-4818
Facebook: <http://www.facebook.com/group.php?gid=8271724323>

PTS – Gender Quest

(support)

Location: 251 Bank St, Suite 301, Ottawa, On, K2P 1X3
Services: Peer Support group for trans-people who wish to explore their gender identity and gender expression.
Website: <http://ptsottawa.org/>
Contact: Claudia (613) 563-4818
Notes: The group meets the third Monday of every month.

PTS – Pink Triangle Youth

(support, youth)

Location: 251 Bank St, Suite 301, Ottawa, ON, K2P 1X3
Services: Peer-led social/support group for GLBTTQ youth under 25 in the Ottawa area. Two trained counselors available to offer anonymous one-to-one or group counselling.
Website: <http://ptsottawa.org/>
Contact: Claudia Van den Heuvel (Executive Director) (613) 563-4818
Kayla Miller (PTY Senior Coordinator), pinktriangle youth@yahoo.ca
Notes: Visit the website for information on upcoming group meetings.

PTS – Women's Night

(support)

Location: 251 Bank St, Suite 301, Ottawa, On, K2P 1X3
Services: Support and open discussion group for queer women (and who identify as women) at all stages of coming out.

Group meets 2nd Thursday of every month.

Website: <http://ptsottawa.org/>

Contact: (613) 563-4818
ptswomen@yahoo.ca

PTS – Women’s Night Social Group

(support)

Location: 251 Bank St, Suite 301, Ottawa, On, K2P 1X3

Services: Social group for LGBTTTQ women of all ages. Social events include games nights, movie nights, and off-site social meetings.

Website: <http://ptsottawa.org/>

Contact: (613) 563-4818
ptswomen@yahoo.ca

Proud Rainbow Voices: Ontario Network for LGBTTTQ Educators

(support, employment)

Location: ON

Services: A safe, supportive, and inviting forum to share and discuss workplace triumphs and challenges faced by LGBTTTQ people.

Website: N/A

Contact: Lauren Chapple, laurmeich@rogers.com

Notes: Email for information about next session.

Psychologist: Findley, Dr. Mary Hogan

(health care, support)

Location: Ottawa, ON

Services: Psychologist specializing in trans issues.

Website: N/A

Contact: (613) 230-5855

Notes: Call for more information.

Queen’s University – Education on Queer Issues Project (EQUIP)

(advocacy & organizing)

Location: 51 Bader Lane (Grey House), Kingston, ON

Services: Bring awareness to the Kingston community and Queen’s University campus through queer-themed speakers and events.

Maintains an extensive lending library of queer-themed books, movies, and magazines.

Website: N/A

Contact: (613) 533-3154
equip@ams.queensu.ca

Queen's University – Transgender/Transsexual Policy Group

(advocacy & organizing, support)

- Location: Queen's University Human Rights Office, A320 Mackintosh-Corry Hall, Queen's University, Kingston, ON, K7L 3N6
- Services: The Human Rights Office is a confidential, university-based service provider that administers the University's [*Harassment and Discrimination Complaint Policy and Procedure*](#) and provides resources and educational programming.
- Formulates guidelines and recommends policies to make the residence system available to, and comfortable for, trans-identified students and staff. Educates its members on transgender issues, provides resources and recommendations, and more. The focus right now is to develop more support services.
- Website: <http://www.queensu.ca/humanrights/index.htm>
http://www.queensu.ca/humanrights/Programs/2TG_TS_Main.htm
- Contact: (613) 533-6886
Fax: (613) 533-6576
TTY: (613) 533-2755
hrights@queensu.ca

Queer Dharma

(religious, support)

- Location: 984 Wellington St. West, Ottawa, ON, K1A 2X8
- Services: Gathering for LGBTQ Buddhists.
- Website: <http://www.shambhalaottawa.ca/>
- Contact: (613) 725-9321
info@shambhalaottawa.ca

Rainbow Health Ontario

(health care, support)

- Location: Based at the Sherbourne Health Centre in downtown Toronto.
- Services: Rainbow Health Ontario (RHO) is a province-wide program that works to improve the health and well-being of lesbian, gay, bisexual and trans people in Ontario through education, research, outreach and public policy advocacy.
- Comprehensive primary health programs and services to the LGBT communities since 2003. Provides consultation and expertise on LGBT health issues.
- Website provides health information, news and events that promote the health and well-being of lesbian, gay, bisexual and trans people in Ontario.

Sandyhill Community Health Centre

(health care, support)

- Location: 221 Nelson Street, Ottawa, ON, K1N 1C7
- Services: Services for residents of Sandy Hill and Ottawa East.
- Health services, social services, addiction and mental health services, health promotion and chronic disease management, oasis program, and seasonal programs.

Website: http://www.sandyhillchc.on.ca/mainEngl/oasis_engl.html
 Contact: Administration: (613) 789-1500
 Fax: (613) 789-7962
info@sandyhillchc.on.ca
 Notes: Visit the website for phone numbers of different services.

Shambhala Rainbow Meditation Group

(religious, support)

Location: 670 Bloor St W, Toronto, ON, M6G 1L2
 Services: A safe and welcoming space for queer folk interested in meditation to connect with each other, the Shambhala teachings, and the larger Shambhala Community.
 Website: http://toronto.shambhala.org/rainbow_group.php
 Contact: (416) 588-6465
toronto@shambhala.org

Sherbourne Health Centre

(health care, support, information, workshops)

Location: 333 Sherbourne St, Toronto, ON, M5A 2S5
 Services: An urban primary health care centre. Seeks to reduce barriers to care by offering comprehensive culturally competent primary health services.
 Services include mental health counselling (transitioning, gender identity, harassment or violence, isolation, substance abuse), support groups for trans people and families, routine primary health care as well as hormone therapy, workshops, special events, links to community groups, trans specific resources and information.
 Website: <http://www.sherbourne.on.ca/>
 Contact: (416) 324-4103 for services specific to LGBT individuals
info@sherbourne.on.ca
 Notes: Visit the website for contact information and other services.

Sherbourne Health Centre – LGBTQ Parenting Connection

(advocacy & organizing, support, information)

Location: 333 Sherbourne St, Toronto, ON, M5A 2S5
 Services: A network of agencies and organizations that provide information, resources, and support to LGBTQ-led families to create healthy and informed communities within which LGBTQ families can thrive.
 Discussion groups, courses, recreational events, information, training, advocacy and research.
 Website: <http://www.lgbtqparentingconnection.ca/home.cfm>
 Contact: Rachel Epstein (416) 324-4100, ext. 5219
parentingnetwork@sherbourne.on.ca

Sherbourne Health Centre – Supporting Our Youth (SOY)

(support, youth, housing, employment, information)

- Location: 333 Sherbourne St, 2nd floor, Toronto, ON, M5A 2S5
- Services: A program of Sherbourne Health Centre.
Works to improve the lives of lesbian, gay, bisexual, transsexual and transgendered youth in Toronto through the active involvement of youth and adult communities.
A healthy arts, culture and recreational space for young people. Supportive housing and employment opportunities. Youth access to adult mentoring and support.
- Website: <http://www.soytoronto.org/>
- Contact: (416) 324-5077
soy@sherbourne.on.ca
- Notes: Visit the website for contact information on specific programs.

Sherbourne Health Centre – SOY – Alphabet Soup

(support, youth, information)

- Location: Sherbourne Health Centre, 333 Sherbourne St, 2nd floor, Toronto, ON, M5A 2S5
- Services: An afternoon drop-in for queer and trans youth under age 20, where they can hang out, grab a snack, get community resources and information, meet new people, do workshops, and much more.
Meet on Tuesdays from 4-6 p.m.
- Website: <http://www.soytoronto.org/current/alphabetsoup.html>
- Contact: John Caffery (416) 324-5077, jcaffery@sherbourne.on.ca
soy@sherbourne.on.ca

Sherbourne Health Centre – SOY – Black Queer Youth Initiative (BQY)

(support)

- Location: Sherbourne Health Centre, 333 Sherbourne St, 2nd floor, Toronto, ON, M5A 2S5
- Services: A safe and social open space for Black, Multiracial, African and Caribbean youth under 29 who identify as LGBTTTQ.
Meet weekly on Wednesday from 6:30-8:30p.m.
- Website: <http://www.soytoronto.org/current/bqy.html>
- Contact: Lorelei King (Coordinator) (416) 324-5083, bqy@sherbourne.on.ca
- Notes: Visit the website for upcoming BQY workshops and events.

Sherbourne Health Centre – SOY – Essence

(support, youth)

- Location: Sherbourne Health Centre, 333 Sherbourne St, 2nd floor, Toronto, ON, M5A 2S5
- Services: A youth-centred program for queer, trans, and/or questioning youth to gather, discover, and recover their deeper selves. They are encouraged to learn from one another, socialize, and share wisdom through workshops, guest speakers and discussions about different non-denominational and queer-positive ideas and practices of spirituality, faith and community.
- Website: <http://www.soytoronto.org/current/essence.html>

Contact: Clare (416) 324-5077
Email: soy@sherbourne.on.ca

Sherbourne Health Centre – SOY – Express

(support, youth)

Location: Sherbourne Health Centre, Save Our Youth Program, 333 Sherbourne St, 2nd floor, Toronto, ON, M5A 2S5

Services: A program for youth between 16 and 29 who are immigrants, newcomers to Canada, refugees, refugee claimants and non-status queer and trans youth.
Group meets weekly on Tuesdays at 6:00 p.m.

Website: <http://www.soytoronto.org/current/express.html>

Contact: Suhail (416) 324-5080
soynewcomer@sherbourne.on.ca

Notes: For those who cannot join the meetings nor need additional support, an internet based group and mailing list has been created. Phone or email to be added to the mailing list.

Sherbourne Health Centre – SOY – Youth Mentoring Program

(support, youth)

Location: Sherbourne Health Centre, 333 Sherbourne Street, 2nd floor, Toronto, ON, M5A 2S5

Services: Connects LGBTTTQ youth with safe, out, adult, community “mentors”.
Community Mentoring involves matching youth with a safe, screened adult in a one to one relationship.
Weekly Monday Night drop-in, 5:30-8:00p.m (including statutory holidays) where adult mentors and youth create community by socializing, relaxing, and having a home cooked meal. Movie nights, arts, recreational activities and special workshops and events.
Housing mentoring for youth who need a safe and affordable place to live where there is adult support
Non-Profit Housing Mentoring is designated for youth who are matched with a community mentor and are in need of housing.

Website: <http://www.soytoronto.org/mentoring.html>

Contact: For Monday Night Drop-in: Deb (416) 324-4180, ext. 3003
soydropin@sherbourne.on.ca
For Mentoring services: Leslie (416) 324-5082

Notes: Visit the website for additional information.

Sherbourne Health Centre – Trans Fusion Crew

(advocacy & organizing, support)

Location: 333 Sherbourne Health Centre, 2nd floor, Toronto, ON M5A 2S5

Services: Support and community organizing group for transgender, transsexual, genderqueer, of trans experience, or those questioning their gender.
Meet every Thursday from 6:00-8:00pm.

Website: <http://www.soytoronto.org/current/tfc.html>

Contact: Ambrose (416) 324-5078

tfc@sherbourne.on.ca

Notes: Join the group to have fun, share a yummy meal, access resources, and socialize.

Sherbourne Health Centre – Trans Health Lobby Group

(advocacy & organizing, education, health care)

Location: 333 Sherbourne Health Centre, Toronto, ON, M5A 2S5

Services: Transsexual and transgender people working with allies and supporters to advocate for publicly-funded SRS and related medical procedures (access to hormones, electrolysis, counselling).

To educate politicians and the media about transsexual and transgender people and their health care needs, to gain agency and empower transsexual and transgender persons and their communities.

Website: <http://www.rainbowhealthnetwork.ca/transhealth>

Contact: Susan Gapka (416) 760-2776, gapka_gp@yahoo.com

Spectrum Fanshawe

(support, information, advocacy & organizing)

Location: Fanshawe College, London, ON

Services: A Facebook Group. Support and advocacy for the Lesbian, Gay, Bisexual, Transgender, Two-spirited, and Questioning of Fanshawe College and their allies.

A safe space for discussions, films, guest speakers, social events, and getting to know others.

Website: N/A

Contact: spectrumfanshawe@gmail.com

Facebook: <http://www.facebook.com/group.php?gid=43875374313>

TG Aesthetics

(support)

Location: 309 Major Mackenzie Dr. East, Richmond Hill, ON, L4C 9V5

Services: Provides transformation services and helps guide emerging transwomen in the areas of appearance and presentation

Website: <http://www.tgaesthetics.com/>

Contact: Shirley (647) 836-6000, tgaesth@ca.inter.net

Notes: Business hours: Monday to Friday from 10am to 11pm. Weekends: 10am to 4pm.

The 416 Drop-In Centre

(support)

Location: 416 Dundas St East, Toronto, ON, M5A 2A8

Services: Safe, non-threatening daytime drop-in program for women looking to gain or give support while coping with isolation, addiction, and/or mental health issues and other difficulties

Website: <http://www.416dropincentre.com/>

Contact: (416) 928-3334, info@416dropincentre.com

Notes: This group is for all women including transwomen.

The 519 – FtM Support Group

(support)

Location: The 519, 519 Church St, Toronto, ON, M4Y 2C9

Services: Support group for trans men (FTMs), and all those who were born female/intersex and raised female but do not identify as female/woman. The group
Meet monthly on the 1st and 3rd Friday at 7:30pm

Website: <http://www.the519.org/programsservices/transprograms/>

Contact: (416) 355-6792
FtM Support Group Facilitator, ftmtoronto@yahoo.ca
Morgan Page, Trans Community Services Coordinator, mpage@the519.org

The 519 – FtM Transgender Peer Support

(support)

Location: The 519, 519 Church Street, Toronto, ON, M4Y 2C9

Services: Peer Support group for transmen & transgender females. (FtM only)
Meet monthly on the 1st and 3rd Friday, 7:30-9 :30 p.m.

Website: http://groups.yahoo.com/group/FTM_Toronto/?yguid=3121365

Contact: (416) 392-6878, Ext. 325
ftmtoronto@yahoo.ca

The 519 – Getting Primed

(advocacy & training)

Location: The 519, 519 Church St, Toronto, ON, M4Y 2C9

Services: Training project for AIDS Prevention workers across the province focused on discussing the unique needs and experiences of trans men (who may identify themselves as gay, bi, or queer) who have sex with men.

Website: <http://www.the519.org/programsservices/transprograms/>

Contact: Kyle Scanlon (416) 355-6778, kscanlon@the519.org

The 519 – Meal-Trans Programme

(support, health care, housing)

Location: The 519, 519 Church St, Toronto, ON, M4Y 2C9

Services: A service of The 519 Church Street Community Centre.
Multi-service drop-in meal program for low-income and street-active transsexual and transgender people. The program also hosts a seasonal legal clinic (it does not run in December or summer months) and arranges for a housing worker to attend once each week.
Meet weekly on Monday from 6-9pm.

Website: <http://www.the519.org/programsservices/transprograms/mealtransprograms>

Contact: Morgan Page (416) 355-6792, mpage@the519.org

Notes: Great for support, resources, a place to watch movies, hang out and learn about self-defense, skin care, make-up, nutrition and more.

The 519 – Older Gay, Lesbian, Bisexual & TS/TG Program

(support)

Location: The 519, 519 Church St, Toronto, ON, M4Y 2C9
Services: A programme to discover and meet the needs of older LGBT people.
Website: <http://www.the519.org/>
Contact: (416) 392-6874
Notes: Call for more information.

The 519 – The Space Between Peer Support

(support)

Location: The 519, 519 Church St, Toronto, ON, M4Y 2C9
Services: Peer-facilitated support group for bio-born females or people assigned the gender of female at birth who feel that this does not best describe their gender identity.
Meetings are monthly on the 1st Wednesday from 8pm-10pm.
Website: <http://the519.org/programsservices/groups>
Contact: (416)392-6874
info@the519.org

The 519 – Trans Access Project

(shelter, support, workshops)

Location: The 519, 519 Church Street, Toronto, ON, M4Y 2C9
Services: Trans people providing trans awareness workshops to service providers working in shelters, detox centres, settlement agencies, youth agencies, assaulted women's services and more. The goal is to help these agencies become more accessible to trans people.
Website: <http://the519.org/programsservices/transprograms/transaccess>
Contact: Kyle Scanlon (Education, Training & Research Consultant) (416) 355-6778, kscanlon@the519.org
Notes: Online resources, include items of interest to front line staff, managers, executive directors and board members.

The 519 – Trans Programming

(support)

Location: The 519, 519 Church Street, Toronto, ON, M4Y 2C9
Services: Community Centre with extensive programs meeting the needs of the transgender, transsexual and two-spirit community with a focus on lower-income, street-involved, homeless, sex-workers and marginalized members of the trans communities.
Website: <http://the519.org/programsservices/transprograms>
Contact: (416) 392-6874, info@the519.org or Morgan Page (416) 355-6792, mpage@the519.org
Notes: The programs are peer-run; all staff in Trans Programs is trans.
Visit the website or call for information on the programs.

The 519 – Trans Sex Worker Outreach

(support, information, housing)

- Location: The 519, 519 Church Street, Toronto, ON, M4Y 2C9
- Services: Service offered by trans women with sex work experience who ensure that local trans sexual workers are getting condoms, lube, and safer sex information to live healthy lives. Housing referrals and support is available.
- Website: <http://the519.org/programsservices/transprograms/transsexworkeroutreach>
- Contact : Morgan Page (416) 355-6792, mpage@the519.org
- Notes : During the evenings, Outreach Team can be found at two trans-positive bars – Goodhandy’s and George’s Play – or on the corner of Homewood and Maitland.

The 519 – Trans Youth Toronto

(support, youth)

- Location: The 519, 519 Church Street, Toronto, ON, M4Y 2C9
- Services: Drop-in group for trans-identified youth and youth exploring their gender identity. Open to anyone under 27 years of age.
- A place for trans youth to get together, have snacks, learn about resources, and share ideas and experiences with each other. There are two facilitators, a trans male and a trans female who are both youth.
- Meet weekly on Wednesday night from 5pm to 9pm.
- Website: <http://the519.org/programsservices/transprograms/transyouthtoronto>
- Contact: Julia Gonsalves (416) 355-6796, jgonsalves@The519.org

The 519 – Transition Support for Transwomen and Transmen

(support)

- Location: The 519, 519 Church Street, Toronto, ON, M4Y 2C9
- Services: Social and support group for transsexuals and transgendered people. A place to be yourself hang out, listen, give and get support. (Mostly attended by male to female (MTF) individuals.)
- Website: <http://www.the519.org/programsservices/transprograms/transitionsupport>
- Contact: Morgan Page (416) 355-6792, mpage@the519.org

The Triangle Programme

(support, youth, education)

- Location: 115 Simpson Avenue, Toronto, ON, M4K 1A1
- Services: A high school program for LGBTQ youth.
- A safe space, free from homophobia, transphobia and heterosexism where LGBTQ youth can be themselves, be respected, and valued for who they are.
- Website: <http://schools.tdsb.on.ca/triangle/>
- Contact: A Triangle Teacher at (416) 393-8443
- Jeffery White, jeffrey.white@tel.tdsb.on.ca
- Anthony Grandy, anthony.grandy@tel.tdsb.on.ca
- Susan Magerman, Susan.Magerman@tdsb.on.ca

The Well – Trans Peer Support Group

(advocacy & organizing, health care, support)

- Location: 27 King William St, Hamilton, ON, L8R 1A1
- Services: The *LGBTQ Community Wellness Centre of Hamilton* is dedicated to improving the health and wellness of the lesbian, gay, bisexual, transgender, and queer communities in the City of Hamilton.
- Meet twice monthly on the 2nd and 4th Wednesday, 7pm to 9pm). Drop-in, facilitated trans peer support group. The purpose of this group is to provide formal peer-support, interesting discussion topics, movies, and more. The group meets at the Welcome Inn Community Centre, 40 Wood Street East.
- Website: www.thewellhamilton.ca
<http://www.thewellhamilton.ca/programs/t-group/>
- Contact: (905) 525-0300
For General Inquiries: info@thewellhamilton.ca
For the Trans Peer Support Group: transpeersupport@gmail.com
- Notes: No appointment is necessary to join the Trans Peer Support Group.

Therapy: Nafziger, Gloria K., MSW, RSW

(health care, support)

- Location: Collingwood, ON
- Services: Gloria's professional practice is influenced by her personal journey of growth and healing and by the need she sees in the world for all people to be able to live to their potential. Gloria continues to build on her awareness of the impact of gender, race, class, and culture on all relationships and incorporates this ongoing awareness in the work she does. Gloria believes in the therapeutic process as a process of healing and relearning within a safe and caring relationship. Her belief in the transformational power of storytelling -- within relationship -- allows those with whom she works to choose new options for their personal stories. Gloria is inspired and blessed by the stories of which she is a part.
- Website: <http://www.newdirectionscounselling.com/>
- Contact: Gloria at (705) 888-1872, gnewdirections@gmail.com

Torchlight Gender Support Group

(support)

- Location: Wesley United Church, 6 Cambridge St, Cambridge, ON, N1R 3R6
- Services: Support group open to those with Gender Identity Disorder, who are transitioning, their friends, family, and employers.
- Meet monthly usually on the 1st Monday(including holidays) from 7:00pm – 9:00pm.
- Website: <http://www.torchlight.ca/>
- Contact: Michelle Hogan (519) 621-6060. grsmedia@hotmail.com
- Notes: Free. Interpretive services available upon request.

Trans Partner Network

(workshops, support)

Location: Sherbourne Health Centre, 333 Sherbourne Street, Toronto, ON, M5A 2S5

Services: An eight-week, psycho-educational workshop series for partners, lovers, spouses, or significant others of gender-variant or trans people.

Website: <http://www.transpartnernetwork.com/>

Contact: info@transpartnernetwork.com

Notes: Email for information about sessions and one-on-one support. No cost.

Transgender Niagara

(support, education)

Location: St. Catharines, ON

Services: Non-profit support group throughout the Niagara region and beyond for transgendered individuals, families, and friends that focuses on support through speakers, community resources, awareness and education, social support

Meet once monthly on the 4th Tuesday, Coffee and conversation night at the Silver Spire Church (Hearth Room) on St. Paul Street in St. Catharines to meet other trans men and women

Website: <http://www.transgenderniagara.com/>

Contact : (905) 228-1846

info@transgenderniagara.com

Facebook: http://www.facebook.com/home.php?sk=group_18329242938

University of Guelph – Queer Equality (GQE)

(support)

Location: University of Guelph, Room 243 (2nd floor), Guelph, ON, N1H 2W1

Services: A safe space and supportive environment for people of various “queer” orientations, of any/no gender, and their allies. GQE events are open to everyone, including those not part of the University community.

Website: N/A

Contact: (519) 824-4120, ext. 56702

Fax: (519) 763-9603

University of Ottawa – Pride Centre

(information, support, advocacy & training)

Location: Pride Centre, 85 University Private, Room 215-E, Ottawa, ON, K1N 8Z4

Services: Facebook Group

A safe place to celebrate sexual diversity, make friends, network, dialogue, and access information, experiences, and resources.

Buddy up with Pride!, Ally Program, drop-in Centre, weekly socials, library, consultations, and workshops.

Website: <http://www.sfu.ca/services/pride/en/index.htm>

List of services: <http://www.sfu.ca/services/pride/en/services/index.htm>

Contact: (613) 562-5800, ext. 3161
Fax: (613) 562-5969
pride@sfuo.ca
Facebook: <http://www.facebook.com/group.php?gid=2225889886>

Notes: Hours of operation: Monday to Friday, 10:00a.m. to 5:00 p.m.

University of Waterloo – GLOW

(support, advocacy & organizing)

Location: Student Life Centre, Room 2101, University of Waterloo, Waterloo, ON, N2L 3G1

Services: The queer and questioning community centre Located at the University of Waterloo.
Peer-support phone line, resource library, ongoing events, awareness campaigns and social events. Services and events are available to all students of University of Waterloo, as well as the community at large.

Website: <http://knowyourglow.ca/>

Contact: (519) 888-4567, ext. 38569
glow@glow.feds.ca
Peer Support line: (519) 888-4569

Notes: Visit the website for information and listing of events.

University of Western Ontario – Pride Library

(information)

Location: D.B. Weldon Library (Main Floor), University of Western Ontario, London, ON

Services: Library and Resource Centre for LGBTTTTSIQQ communities

Website: <http://www.uwo.ca/pridelib/>

Contact: (519) 661-2111, ext. 85828
jmiller@uwo.ca
Mailing address: Pride Library, University College, Rm. 355, UWO, London, ON, N6A 5B8

Wildside

(support)

Location: 161 Gerrard Street East, Toronto, ON, M5A 2E4

Services: A retail business geared to crossdressers, transvestites, drag queens, transsexuals, transgender, and spouses, friends, and lovers. The boutique is fully stocked; there is an online catalogue. Private shopping can be arranged. There is a club lounge, which requires a fee for membership and features an art gallery, internet access, makeup facilities and washrooms. This business also offers a hotel with comfortable rooms.

Website: <http://www.wildside.org>

Contact: (416) 921-6112 or 1-800-260-0102
info@wildside.org

Notes: Visit the website for information on the services and prices.

Wilfrid Laurier – University Rainbow Centre

(advocacy & organizing, support, training, education)

- Location: Wilfred Laurier University, 75 University Avenue West, Waterloo, ON N2L 3C5
Rainbow Centre is located in the 1st floor Mac house – Room 104.
- Services: Enhances the university environment for LGBTQ individuals through awareness training, programming, research, education, advocacy and support through group events, speaker series, open forums, and a resource library. The hope is to transform the community starting with ourselves.
- Website: <http://www.mylaurier.ca/rainbow/info/home.htm>
- Contact: (519) 884-0710, ext. 3010
rainbow@wlu.ca
- Notes: Please check back regularly as the group continues to add content.

Xpressions

(support)

- Location: P.O. Box 223, Station A, Toronto, ON, M5W 1B2
- Services: Not-for-profit support and social group designed to enhance the lives of the transgendered community and their families.
Opportunities for gender diverse persons to meet, socialize, and go out into the large community.
Dinners, pub nights, weekend getaways and other special events.
- Website: <http://www.xpressions.org/>
- Contact: xpressions@xpressions.org
- Notes: Register online to become a member.

PRINCE EDWARD ISLAND

Abegweit Rainbow Collective

(support, advocacy & organizing, training, education)

- Location: ARCPEI Office, 375 University Ave, Suite#2, Charlottetown, PE, C1A 4N4
- Services: Facebook Group A community-based, volunteer organization committed to serving the GLBT community and their supporters.
- Individual support with a registered Social Worker, health education, social opportunities for the community, and planning of pride events.
- Weekly drop-in on Wednesday from 6:00 p.m. to 9:00 p.m. Contact Alana Leard at alana@arcpei.com for information.
- Website: <http://www.arcofpei.com/>
- Contact: (902) 894-5776 or 1-877-380-5776
- info@arcofpei.com
- Facebook: <http://www.facebook.com/group.php?gid=2305772040>

Everything Gay PEI

(information)

- Location: Prince Edward Island
- Services: Island's best resource for the GLBT community that provides latest news on upcoming events.
- Website: <http://everything-gay-pei.blogspot.com/>
- Contact: everythinggaypei@gmail.com
- Notes: Email if you are having a GLBT event and would like it announced on the website.

PEI Transgender Club

(support)

- Location: Prince Edward Island
- Services: Yahoo Group. Social support club for crossdressers, transgender and transsexuals to make contact with others who live in P.E.I.
- Website: <http://ca.groups.yahoo.com/group/PEITransgenderClub/>
- Contact: To post message: PEITransgenderClub@yahoogroups.ca
- To subscribe: PEITransgenderClub-subscribe@yahoogroups.ca
- Notes: Yahoo ID required.

QUEBEC

ASTT(e)Q Action Sante: Travesti(e) et Transsexuel(le) du Quebec

(advocacy & organizing, education)

Location: 1300 Rue Sanguinet, Montreal, QC, H2X 3E7

Services: An organization of CACTUS Montreal, that aims to develop and strengthen trans people's social and medical support networks.

Works to educate health and social service providers regarding transsexuality and gender variance. They also provide information about the medical, social, and legal aspects of trans lives and transitioning.

Website: <http://astteq.nfshost.com/wordpress/>

Contact: (514) 847-0067

ATQ L'Association des Transexuel(le)s du Quebec

(information, support)

Location: Quebec – Province-wide

Services: Information and resources for transsexuals, transgender individuals, and transvestites, including news articles, testimonials, archives, upcoming activities, and interesting links.

Website: <http://www.atq1980.org>

Contact: Administration: (514) 591-9038, admin@atq1980.org

Crisis line and referral: (514) 254-9038, ecoute@atq1980.org

CACTUS Montreal

(support, education, health care)

Location: Cactus Montréal, 1300 rue Sanguinet, Montréal, Québec H2X 3E7

Services: The permanent site serves as a hub for the distribution and recuperation of injection and prevention material... and much more. Visitors receive information regarding HIV-AIDS, various forms of hepatitis and other infections transmitted sexually or through the blood (ITSB).

Upon request, they can also receive references and psychological support related to their specific needs.

Contact: Email: commentaires@cactusmontreal.org

Phone: (514) 847-0067 Fax : (514) 847-0038

CAEO Canadian Association for Education and Outreach

(support)

Location: Case Postale 55505, Succ Maisonneuve, Montreal, QC, H1W 0A1

Services: A charitable volunteer organization which reflects the needs of the Quebec English-speaking LGBTQ community.

Operates three community programs, Gay Line, SILK, and Gay Online.

Website: <http://www.caeoquebec.org/>

Contact: info@caeoquebec.org

CAEO – Gay LINE

(support, information)

Location: Montreal, QC

Services: A free and confidential service of CAEO.
Telephone listening, referral, and support service for LGBTQ community.

Website: <http://www.caeoquebec.org/gay-line.html>

Contact: (514) 866-5090
gayline@caeoquebec.org
Olivier Couture (Program Director), olivier.couture@caeoquebec.org

Website: <http://www.caeoquebec.org/gay-line.html>

Notes: Hours of operations change during summer and the fall/winter months. Call or see website for more information.

CAEO – Gay online

(support, information)

Location: Montreal, QC

Services: A free and confidential service of CAEO.
Online monitored chat room providing referrals and support to the LGBTQ community.

Website: <http://www.caeoquebec.org/gay-online.html>

Contact: Click the “Chat with Jaime” icon to chat with one of the volunteers.
gayonline@caeoquebec.org
Axel Feliot (Director of Community Programs), axel.feliot@caeoquebec.org

Notes: Hours of online chat service vary. See the website for information.

CAEO – SILK (Sexual Information Leads to Knowledge)

(workshops)

Location: Montreal, Quebec

Services: A free service of CAEO.
Workshops to increase awareness and knowledge of targeted groups – students, seniors, Aboriginals, etc.) with respect to sexual health, sexual orientation, and diversity .

Website: <http://www.caeoquebec.org/silk.html>

Contact: silk@caeoquebec.org

Gender Reassignment Surgery in Montreal

(medical)

Location: 995 De Salaberry, Montreal, QC, H3I 1L2

Services: Clinic in Montreal providing various surgical procedures, for FTM and MTF individuals

Website: <http://www.grsmontreal.com>

Contact: (514) 288-2097
Fax: (514) 288-3547
info@grsmontreal.com

Notes: Contact or see website for information.

Head & Hands

(advocacy & organizing, education, legal, support, youth)

Location: 5833 Sherbrooke West, Montreal, H4A 3P5

Services: Head & Hands envisions a society where all youth are participants, inspired by the possibilities available to them. The mission is to promote youth physical and mental well-being. Their approach is preventative, non-judgmental, and holistic – with a commitment to providing a welcoming, non-discriminating environment. They facilitate social change and youth empowerment based on current needs within the community and society.

Website: <http://www.headandhands.ca>

Contact: (514) 481-0277
Fax: (514) 481-2336
info@headandhands.ca

McGill University – Queer McGill

(support, workshops)

Location: 3600 McTavish, Room 432, Montreal, QC, H3A 1Y2

Services: A non-profit organization under the Student Societies of McGill University (SSMU).
A safe space and community for queer students.
Support and programming, including discussions, workshops, lectures, and dance parties.

Website: www.queermcgill.ca

Contact: Office: (514) 398-2106
Queer line (for referral and support): (514) 398-6822
SSMU: (514) 398-6800
queermcgill@gmail.com

Notes: Call or email for more information.

Project 10

(support, advocacy & organizing, workshops, information)

Location: 2075 rue Plessis #307, Montreal, QC, H2L 2Y4

Services: Promotes the personal, social, sexual, and mental well-being of lesbian, gay, bisexual, transgender, transsexual, two-spirit, inter-sexed, and questioning youth and adults ages 14-25.

Listening line: (514) 989-4585 Anonymous and easily accessible support, crisis counselling, information, and referrals for LGBT youths 14 to 25 and the wider community. It is open Monday through Thursday from 12 to 6pm

Peer Counselling and Accompaniment: Individual counseling sessions for youths and their families to discuss sexual orientation and gender identity. Program offers accompaniment services (EG. to doctor's appointments, to HIV testing centres, to court).

Drop in: A weekly bilingual drop-in on Thursday nights from 6:30pm to 8:30pm for youths 14 to 25.

Advocacy: Program acts as advocates for their service-users to achieve their goals, such as, finding affordable housing, employment, changing their name and sex designation on official identity papers, accessing sex-change surgery, and more.

Workshops and Kiosks: Educational workshops for youths, teachers, and health and social service workers who interact with youth of diverse sexual/and or gender identities. Kiosks can be provided in schools and at community events.

Trans health: Program offers a Trans Health Database of physicians, therapists, etc. to whom they can refer their participants to.

Contact: Listening Line: (514) 989-4585

Office: (514) 989-0001

To book a workshop or kiosk: (519) 989-4585, questions@p10.qc.ca

MySpace: www.myspace.com/p10montreal

Facebook: <http://www.facebook.com/#!/pages/Project-10/19377061500>

Notes: Call or email for information about services.

SASKATCHEWAN

AIDS Saskatoon

(support, outreach, education, advocacy & organizing, health care)

Location: 1143 Ave F N, Saskatoon, SK, S7L 1X1

Services: The primary AIDS service organization serving Central and Northern Saskatchewan.
Outreach, education, advocacy, and support for people afflicted or affected by HIV/AIDS or Hepatitis C (HCV).

Website: <http://www.aidssaskatoon.ca>

Contact: Mailing address: P.O. Box 4062, Saskatoon, SK, S7K 4E3
(306) 242-5005 or Toll-Free: 1-800-667-6876 (Western Canada only – Manitoba to BC)
Fax: (306) 665-9976

Avenue Community Centre for Gender and Sexual Diversity

(advocacy & organizing, support, information)

Location: 201-320 21st Street West, Saskatoon, SK, S7M 4E6

Services: Non-profit organization working to address health and social issues in the lesbian, gay, bisexual, two-spirit and transgender community.
Peer-counseling, information resources, community centre, social events, and sponsored clubs and groups

Website: <http://www.avenuecommunitycentre.ca/>

Contact: (306) 665-1224 OR 1-800-358-1833
Trans Support Group: Jai (306) 665-1224,
info@avenuecommunitycentre.ca

Notes: See website for services and call or email for information.

Fetish Footwear

(support)

Location: PO Box 102, Weyburn, SK, S4H 2J8

Services: Trans-friendly footwear business

Website: <http://www.fetishfootwear.ca/>

Contact: (306) 842-4105
Fax: (306) 842-3882
admin@fetishfootwear.ca

Notes: Call or email for more information.

Gay & Lesbian Community Centre of Regina

(advocacy & organizing, support)

Location: 2070 Broad Street, Regina, SK

Services: A non-profit corporation operating a community centre in Regina.
A healthy, comfortable atmosphere in which to identify and address the needs for gay, lesbian, bisexual and transgender people.

SASKATCHEWAN

Website: N/A
Contact: (306) 569-1995
Notes: Call for more information.

Rainbow Radio

(support)

Location: Saskatoon, SK
Services: A weekly radio program on Saskatoon's Community Radio CFCR 90.5 FM. They play a wide variety of music and deal with LGBT issues and events locally, provincially, nationally, and internationally.
Airs on Sunday evenings from 9:30-11:00pm.
Website: <http://www.cfcr.ca/>
Contact: Facebook: <http://www.facebook.com/group.php?gid=7744048523>
cfcrc@cfcr.ca

Saskatoon Diversity Network (SDN)

(support, education, advocacy & organizing)

Location: Saskatoon, Saskatchewan
Services: A volunteer-driven non-profit organization which serves the lesbian, gay, bisexual, transgender, transsexual, intersex, two-spirit, queer and questioning community, family, and supporters.
Raises awareness of queer community and culture by facilitating, organizing, promoting and presenting a queer pride festival.
Website: <http://www.saskatoonpride.ca/>
Contact: Mailing address: P.O. Box 8701 Station Main, Saskatoon, SK, S7K 6S5
(306) 371-4600
info@saskatoonpride.ca

University of Regina – Pride Centre for Sexuality and Gender Diversity

(advocacy & organizing, support)

Location: 3737 Wascana Parkway, Regina, SK, S4S 0A2
Services: Center provides a safe space, a resource library, peer to peer support, safer sex supplies, as well as social events to University of Regina students, staff, and faculty, and the Southern Saskatchewan region regardless of their identities.
Website: <http://urpride.ca>
Contact: (306) 586-8811, ext. 207
contactus@urpride.ca
Facebook: <http://www.facebook.com/urpridecentre>

University of Saskatchewan – Pride Centre

(advocacy & organizing)

Location: Saskatoon, SK

Services: University-based organization seeking to work with people of all sexual orientations and gender identities in an open and progressive environment

Website: <http://www.ussu.ca/pridecentre/>

Contact: Room 65, Lower Place Riel Student Centre, Saskatoon, SK S7N 5A3
(306) 966-6615
lgb.centre@ussu.ca

NATIONAL AND INTERNATIONAL

Affirmation

(religious, support)

Location: International – Chapters in North America, Europe, Australia, and South Africa
Services: Mormons serving the needs of gay, bisexual, transgender, and their family and friends through social and educational activities.
Website: <http://www.affirmation.org/>
Contact: National office: (661) 367-2421
P.O. Box 1435, Palm Springs, CA, 92263-1435
Notes: See website for chapter contact information.

Brethren Mennonite Council for Lesbian, Gay, Bisexual and Transgender Interests

(religious, support)

Location: National
Services: Group that aims to cultivate an inclusive church and society and to care for the Mennonite and Brethren lesbian, gay, bisexual, transgender, and allied community
Website: <http://www.bmclgbt.org>
Contact: BMC Office: PO Box 6300, Minneapolis, MN 55406, (612) 343-2060
BMC Canada: PO Box 2223, Abbotsford, BC, V2T 3X8
bmc@bmclgbt.org

Campus Pride

(support, advocacy & organizing)

Location: National – United States
Services: National non-profit organization for student leaders and campus groups working to create a safer college environment for LGBT students.
The primary object is to develop necessary resources, programs, and services to support LGBT and ally students on college campuses across the United States.
Website: <http://www.campuspride.org/>
Contact: Mailing address: Campus pride, PO Box 240473, Charlotte, NC, 28224
(704) 277-6710

Canadian Unitarian Council

(religious, support)

Location: National—Chapters in Calgary, Edmonton, Lethbridge, Red Deer, Coquitlam, Courtenay, Kamloops, Kelowna, Nanaimo, Salt Spring Island, Surrey, Vancouver, Victoria, Arborg, Winnipeg, Fredericton, Saint John, Halifax, Barrie, Elora & Fergus, Guelph, Hamilton, Kingston, London, Niagara Region, Olinda, Ottawa, Owen Sound, Peterborough, Sarnia-Port Huron, Stratford, Thunder Bay, Toronto, Waterloo, Windsor, Charlottetown, Montreal, North Hatley, Regina, Saskatoon
Services: Upholds Unitarian Universalist Principles to assist and support the safe and equitable representation and inclusion of sexual and gender minorities and their supporters in

Canadian Universalist congregations by offering education, representation, political action, and historical preservation

Website: <http://www.cuc.ca>

Contact: Main office: 100-344 Dupont Street, Toronto, ON, M5R 1V9
(416) 489-4121 or 1-888-568-5723
info@cuc.ca

Notes: Visit the website for more information.

Choice USA

(support, training, education)

Location: National

Services: A national pro-choice organization that envisions a world where all people have agency over their bodies and relationships and the power, knowledge and tools to exercise that agency.

Engage young people in creating and leading the way to sexual and reproductive justice through training, field mobilization and national leadership for a youth-driven agenda.

Website: www.choiceusa.org

Contact: Mailing address: Choice USA, National Office, 1317 F Street, NW, Suite 501, Washington, DC, 20004
(202) 965-7700 or Toll-free: 1-888-784-4494
Fax: (202) 9665-7701
Send email by filling out the form that is provided on the website.

COLAGE

(education, advocacy & organizing)

Location: National

Services: People with a Lesbian Gay Bisexual Transgender or Queer Parent.

A national movement of children, youth, and adults with one or more LGBTQ parents.

Builds community and work toward social justice through youth empowerment, leadership development, education, and advocacy.

Website: www.colage.org

Contact: National office: 1550 Bryant Street, Suite 830, San Francisco, CA, 94103
(415) 861-5437
Colage@colage.org

Consortium of Higher Education LGBT Resource Professionals

(support, education, advocacy & organizing)

Location: National

Services: To create environments in higher education in which lesbian, gay, bisexual, and transgender students, faculty, staff, administrators, and alumni have equity in every respect.

To support for colleagues and develop curriculum to professionally enhance this work.

To improve the climate on campuses; and to advocate for policy change, program development, and establishment of LGBT Office/Centers.

Website: <http://www.lgbtcampus.org/>
 Contact: membership@lgbtcampus.org
 Notes: Any staff, faculty or graduate students at a university or college campus can apply for membership. See website under the heading "Member Services".

Deaf Queer Resource Centre (DQRC)

(support, information)

Location: National
 Services: This is a national nonprofit resource and information center for, by and about the Deaf Lesbian, Gay, Bisexual, Transgender, Transsexual, Intersex, and Questioning Communities.
 Website: <http://www.deafqueer.org>
 Contact: See website for email address for information.

Dignity Canada Dignité

(religious, support)

Location: National—Vancouver, Edmonton, Winnipeg, and Toronto
 Services: Organization of Roman Catholics concerned about the Catholic Church's sexual theology, particularly as it pertains to GLBT persons. They work within and without the Church to promote the full personhood of those who belong to sexual minorities and celebrate sexuality as a gift of God.
 Website: <http://www.dignitycanada.org>
 Contact: National office: Box 2102, Station D, Ottawa, ON K1P 5W3
info@dignitycanada.org
 Notes: See website for chapter information.

Égale – Canada

(advocacy & organizing, support)

Location: National
 Services: A national LGBT human rights organization committed to advancing equality, diversity, education, and justice across Canada. Egale has members in every province and territory of the country.
 Website: <http://egale.ca/>
 Contact: National office: 185 Carlton St, Toronto, On, M5A 2K7
 (416) 964-7887 or 1-888-204-7777
 Fax: (416) 963-5665
egale.canada@egale.ca

Evangelicals Concerned: Creating Safe Places for GLBT Christians

(support, religious)

Location: National
 Services: A nationwide ministry which encourages and affirms lesbian, gay, bisexual and transgendered Christians in their faith. They organize small groups, bible studies, social

activities and other events in many North American cities. Also, organizes national and regional conferences every year.

Website: <http://www.ecwr.org/>

Contact: Mailing address: PO Box 19734, Seattle, WA, 98109-6734
(206) 621-8960 or Toll free: 1-866-979-3297

See website for general inquiries, ECWR Board of Directors and for mentoring requests.

Facebook: <http://www.facebook.com/ecwrgaychristian>

Notes: See website for information about mentoring, online community, and resources.

FTM International

(support)

Location: Worldwide

Services: Support meetings for FTMs and their families in cities throughout the world.

Website: <http://www.ftmi.org/>

Contact: Mailing address: 601 Van Ness Ave. Suite E327 San Francisco, CA 94102
1-877-267-1440

info@ftmi.org

Notes: See website for chapter information, support meetings and community building.

Gay, Lesbian, Bisexual & Transgender Medical Students of Canada

(advocacy & organizing, support)

Location: National

Services: A national professional organization addressing the issues and concerns of GLBT medical students and physicians in Canada

Website: http://www.utoronto.ca/diversity_in_medicine/glbmeds/

Contact: glbtmeds@yahoo.com

Notes: To join the email listserv; please email a brief message.

Girl Talk Magazine

(information, support)

Location: National

Services: Magazine for transgender girls and women

Website: <http://www.girltalk-online.com/index.html>

Contact: talkback@girltalk-online.com

Human Rights Campaign

(advocacy & organizing)

Location: National – U.S.

Services: America's largest civil rights organization working to achieve gay, lesbian, bisexual and transgender equality.

Website: <http://www.hrc.org/>

Contact: Mailing address: 1640 Rhode Island Ave. N.W., Washington, DC 20036-3278

(202) 628-4160 or 1-800-777-4723

TTY: (202) 216-1572

Fax: (202) 347-5323

hrc@hrc.org

Integrity Canada

(religious, support)

Location(s): National – Calgary, Fredericton, London, Montreal, Niagara, Nova Scotia/PEI, Ottawa, Saskatoon, Toronto, Vancouver, Vancouver Island and Winnipeg

Services: Integrity Canada is a national network of organizations and friends working towards the full inclusion of LGBTQ people in the life of the Anglican Church of Canada.

Website: <http://www.integritycanada.org>

Contact: integrity@integritycanada.org

Notes: See web site for contact information of Canadian chapters.

International Foundation for Gender Education (IFGE)

(advocacy & organizing, training, education)

Location: Worldwide

Services: Advocacy and educational group for freedom of gender expression and understanding acceptance of all people.

Website: <http://www.ifge.org/>

Contact: P.O box 43445, Washington, DC, 20010

(202) 207-8364

info@ifge.org or office@ifge.org

Intersex Society of North America

(advocacy & organizing)

Location: North America

Services: Group devoted to systemic change to end shame, secrecy, and unwanted genital surgeries for people born with an anatomy that someone decided is not standard for male or female

Website: <http://www.isna.org>

Contact: Mailing address: 979 Golf Course Drive #282, Rohnert Park, CA, 94928

Fax: (801) 348-5350

Lutherans Concerned

(religious, support)

Location: North America

Services: An independent membership organization that builds community for worship, education and support, fosters welcome settings, and advocacy for all LGBT Lutherans.

Website: <http://www.lcna.org/>

Contact: General Mailing address: P.O. Box 4707, Saint Paul, MN, 55104-0707

(651) 665-0861

Fax: (651) 665-0863

Street Address: 100 North Oxford, Saint Paul, MN, 55104

admin@lcna.org

Notes: See web site for contact information for U.S and Canadian chapters.

Mermaids

(support)

Location: United Kingdom

Services: Family and individual support for teenagers and children with gender identity issues.

Website: <http://www.mermaidsuk.org.uk/>

Contact: Information line: (0208) 1234819

Notes: Information line available Monday to Saturday, 3pm until 7pm only, GMT.

National Gay and Lesbian TASK FORCE

(support, advocacy & organizing, training)

Location: National

Services: The Task Force bolsters the strength of local LGBT activism in rural enclaves, small towns, and cities nationwide. They build grassroots political muscle at every level by training activists, strengthening the infrastructure of local and state allies and organizing broad-based campaigns creating public support for full equality of LGBT people. Specifically, for transgender people, the Task Force established the Transgender Civil Rights Project to work for transgender equality.

Website: <http://thetaskforce.org/>

Contact: info@TheTaskForce.org

Notes: See web site for office locations and contact information.

National Organization of Gay and Lesbian Scientists and Technical Professionals (NOGLSTP)

(advocacy & organizing, support, education, employment)

Location: National

Services: Scientific and technical professionals who are lesbian, gay, bisexual, trans, and allies who advocate for equal employment opportunity, professional network, role modeling, science education, and scientific freedom/responsibility.

Website: <http://www.noglstp.org/>

Contact: Mailing address: NOGLSTP, PO Box 91803, Pasadena, CA, 91109
(626) 791-7689

append@noglstp.org

Notes: Visit the website to for a list of programs or to become a member.

Out & Equal

(support, employment)

Location: National – headquartered in San Francisco, California

Services: A national nonprofit organization that is committed to ending employment discrimination for lesbian, gay, bisexual, and transgender employees.

Work to protect and empower employees to be productive and successful – so that they can support themselves, their families, and contribute to achieving a world free of discrimination for everyone.

Website: <http://outandequal.org>

Contact: Mailing Address: 155 Sansome Street, Suite 450, San Francisco, CA, 94104
(415) 694-6500
Fax: (415) 694-6530
info@outandequal.org

PASAN

(advocacy & organizing, support, education)

Location: National

Services: Community-based network of prisoners, ex-prisoners, organizations, activists and individuals working together to provide advocacy, education, and support to prisoners on HIV/AIDS, HCV and related issues.

Website: <http://www.pasan.org>

Contact: Main office: 314 Jarvis Street #100, Toronto, ON, M5B 2C5
(416)920-9567 or 1-866-224-9978
Fax: (416) 920-4314
info@pasan.org

Notes: Group has some experience working with transwomen.

PFLAG Canada – Chapters

(support, education, information)

Location: National – Chapters throughout Canada

Services: Supports, educates, and provides resources to anyone with questions or concerns. Service available 24 hours a day, 7 days a week.

Website: <http://www.pflagcanada.ca/en/index-e.asp>

Contact: Cherie MacLeod (Executive Director), execdirector@pflagcanada.ca
Mailing address: 1633 Mountain Road, Box 29211, Moncton, NB, E1G 4R3
Toll free: 1-888-530-6777 (English)
Toll free French Support Line: 1-888-530-6483
Local: (506) 869-8191
Fax: (506) 387-8349

Notes: Visit the website for information on local chapters.

PFLAG National Office

(support, education, advocacy & organizing)

Location: National

Services: Promotes the health and well-being of lesbian, gay, bisexual, and transgender persons, families, and friends through support, education, and advocacy.

Website: <http://www.pflag.org>

Contact: PFLAG National Office: 1828 L Street N.W, Suite 660, Washington, D.C., 20036

(202) 467-8180
Fax: (202) 349-0788
info@pflag.org

Renaissance Transgender Association

(support, education)

Location: National
Services: A non-profit, non-political, educational and social support organization founded to educate and support persons regarding transgender issues, sexual orientation, sexual identity or gender identity without prejudice
Website: <http://www.ren.org>
Contact: Main office: 987 Old Eagle School Road, Suite 719, Wayne Pa, 19087
info@ren.org

Salaam Canada

(religious, support)

Location: National – Toronto, Vancouver and Edmonton
Services: Dedicated to social justice, peace, and human dignity for Muslims who are lesbian, gay, bisexual, and transsexual/transgender, intersex, questioning, their families and friends.
Website: <http://www.salaamcanada.com>
Contact: salaam@salaamcanada.com

Student Christian Movement of Canada

(religious, support)

Location: National - Canada
Services: Explores spirituality and politics in creative, inclusive, and non-dogmatic ways. It strives for an authentic campus community where friendship, critical thinking, and political action can flourish. The movement is active in many justice issues, including: anti-globalization, ecumenical and interfaith dialogue, decolonization, anti-racism, sexual orientation or gender, liberation theologies and eco-justice.
Chapters at universities across Canada
Website: <http://www.usask.ca/mfca/ecumenical/scmsaskatoon/>
Contact: Toll-Free: 1-8-PROPHETIC (1-877-674-3842)
310 Danforth Ave, Toronto ON M4K 1N6
Tel: (416) 463.4312
Fax: (416) 463-9410
usask@scmcanada.org
Notes: Call or see website for upcoming events, photos, essays, helpful links and more!

Survivor Project

(support, advocacy & organizing, workshops, education, information)

Location: National – United States

Services: A non-profit organization addressing the needs of intersex and trans survivors of domestic and sexual violence through caring action, education, and expanding access to resources and to opportunities for actions.
Provides presentations, workshops, consultation, materials, information and referrals to anti-violence organizations and universities.
Gathers information about issues faced by intersex and trans survivors of domestic and sexual violence.

Website: <http://www.survivorproject.org/index.html>

Contact: (503) 288-3191
info@survivorproject.org

Sylvia Rivera Law Project

(advocacy & organizing, legal)

Location: National – U.S. (Based in New York City, NY)

Services: Group working to guarantee that all people are free to self-determine gender identity and expression, regardless of income or race, and without facing harassment, discrimination or violence.

Website: <http://www.srlp.org/>

Contact: 147 W 24th Street, 5th floor, New York, NY, 10011
(212) 337-8550 or 1-866-930-3283
Fax: (212) 337-1972
info@srlp.org

Trans Youth Family Advocates (TYFA)

(advocacy & organizing, support)

Location: Worldwide

Services: Parents, family, friends and caring adults dedicated to educating and raising public awareness about the medical and cultural challenges faced by children with gender variant and gender questioning identities and the families who love them.

Website: <http://imatyfa.org>

Contact: Mailing address: P.O. Box 1471, Holland, MI, 49422-1471
1-888-462-8932
info@imatyfa.org

Transfamily

(support)

Location: International

Services: Support Group for transgendered and transsexual people, their parents, partners, children, other family members, friends, and supportive others.

Website: <http://www.transfamily.org/>

Contact: Email or call contacts on website for support groups.

Transgender Canada Listserv

(advocacy & organizing)

Location: National
Services: Discussion of issues pertinent to the Canadian Transgender Community. The list is private, hosted by York University and has about 100 members.
Website: N/A
Contact: gilbert@yorku.ca
Notes: To join, email listserv@yorku.ca the message text, Sub TGC-L "Name".

Transgender Care

(medical, health care, information)

Location: Worldwide
Services: An archive of trans health information on medical, psychological, electrolysis, and general health services for the transgendered.
Website: <http://www.transgendercare.com/default.asp>
Contact: For more information or question, contact through the website.

Transgender Law and Policy Institute (TLPI)

(legal, advocacy & organizing)

Location: Worldwide
Services: Advocacy for transgender people in our society. Unites experts and advocates to work on law and policy initiatives to advance transgender equality.
Website: <http://www.transgenderlaw.org>
Contact: info@transgenderlaw.org

Transgender Law Centre

(legal, advocacy & organizing)

Location: National-U.S.
Services: Works with community and allies to make California a state in which everyone can fully and freely express their gender identities.
Website: <http://www.transgenderlawcenter.org/cms/>
Contact: 870 Market St., Room 400, San Francisco, CA, 94102
(415) 865-0176 or 1-877-847-1278
info@transgenderlawcenter.org

Transgender Student Rights (TSR)

(support, advocacy & organizing)

Location: Worldwide
Services: Promotes the rights of transgender students throughout the world by spreading awareness, changing policy, and encouraging grassroots activism on local, regional, and national levels.
Website: <http://www.transgenderstudents.org/>
Contact: General Information: info@transgenderstudents.org

Facebook: <http://www.facebook.com/trans.student.rights>

Notes: Visit the website about bringing TSR to your school.

World Congress of Gay, Lesbian, Bisexual, and Transgender Jews

(workshops, advocacy & organizing)

Location: National and International – Organizations in Argentina, Australia, Austria, Canada, France, Germany, Hungary, Israel, Mexico, the Netherlands, Spain, Sweden, the United Kingdom, and the United States.

Services: Holds conferences and workshops representing the interests of lesbian, gay, bisexual, and transgender Jews around the world. The focus on these sessions varies from regional, national, continental, and global.

Website: <http://www.glbtejews.org>

Contact: Mailing address: P.O. Box 23379, Washington, DC, USA, 20026-3379
info@glbtjews.org

Notes: Can join the email list through the website.

World Professional Association for Transgender Health, Inc.

(advocacy & organizing)

Location: Worldwide

Services: Non-profit organization that bring together diverse professionals dedicated to developing best practices and supportive policies worldwide that promote health, research, education, respect, dignity, and equality for transgender, transsexual, and gender-variant people in all cultural settings.

Website: <http://www.wpath.org>

Contact: wpath@wpath.org

WEB RESOURCES:

ABC Gender

Resources for female to male transsexual organizations, doctors and related websites.

<http://www.abgender.com/f-to-m.htm>

Antijen

List of resources for LGBTQ individuals, especially trans-related. There are links to different trans-related books, television shows, poetry, and stories of personal experiences.

<http://www.antijen.org/>

Anti-Violence Project

The New York City Anti-Violence Project is dedicated to eliminating hate violence, sexual assault, stalking and domestic violence in lesbian, gay, bisexual, transgender, queer, and HIV-affected communities through counseling, advocacy, organizing, and public education.

<http://www.avp.org/>

Center for Gender Sanity

Information about transitioning on the job and other issues transsexual and transgendered workers and their employers may face.

<http://www.gendersanity.com/links.html>

Cross-dressing Resources in Canada

Resources for cross-dressers and transvestites across Canada, listed by province.

<http://www.ncf.carleton.ca/ip/sigs/life/gay/xdress/xdr>

Feminization Secrets

Lucille Sorella, a beauty and style expert, gives beauty, style and femininity advice for transgender women.

<http://feminizationsecrets.com/>

Gender Psychology

The personal experiences of a transgendered professor of psychology, who discusses her experiences with Gender Dysphoria and critiques the mental illness model of "Gender Identity Disorder"

<http://www.genderpsychology.org>

GenderPAC (Gender Public Advocacy Coalition)

National group that focuses on gender issues.

<http://www.gpac.org>

GroundSpark

A film about the popular pressures surrounding gender and sexuality which confine American teens. Their stories are diverse and demonstrate how gender-role expectations and homophobia are interwoven and illustrate different ways that the expectations borne of these pressures connect with culture, race and class.

<http://groundspark.org/our-films-and-campaigns/straightlaced>

Hudson's FTM Guide

A well-organized website containing topics of interest to trans-men (female-to-male transsexuals) including, hormone therapy, surgery, clothing, and much more.

<http://www.ftmguide.org/>

LGBT Health Channel. Hormone therapy

Transgender people use hormones during the anatomical and psychological transition to another sex and gender. Hormones allow transgender people to look like the other sex and to feel comfortable; they improve their functioning and limit the potential for depression and anxiety.

MTFs taking estrogen may be at risk of worsening depression (if present) and increased sensitivity to stress.

<http://www.lgbthealthchannel.com/transgender/ht.shtml>

Transgender Information Website

The goal for this website is to illuminate and normalize the issues of gender identity and the processes of gender transition. Contains an extensive list of links to Transgender resources and information.

<http://www.lynnconway.com>

Micheline Anne Helene Monteuil

Micheline's journey and legal battles provide an excellent resource for encouragement and information.

<http://www.micheline.ca>

Philadelphia Trans-Health conference

A conference, held in the Mazzoni Centre at Philadelphia, focuses on the specific issues, needs, and experiences of trans-identified individuals with regard to the health of body, mind, spirit and community. Everyone concerned with these issues is welcome to attend.

<http://www.trans-health.org/>

Pretty Queer

Website that features queer writing.

<http://www.prettyqueer.com/>

Queer Jihad

A forum for the respectful exchange of ideas for greater understanding and to increase love among Muslims. Through sincere dialogue, Queer Jihad seeks to overcome oppression of LGBT Muslims.

<http://groups.yahoo.com/group/queerjihad/>

<http://www.well.com/user/queerjhd/>

Queer Trans Men

Created by the Gay/Bi/Queer Trans men Working Group (of the Ontario Gay Men's Sexual Health Alliance). Trans and non-trans men in Ontario, Canada dedicated to raising awareness about the sexual health of trans men and sharing knowledge of their complex bodies, sexualities and sex lives.

<http://www.queertransmen.org/>

Recommended Reading List

This site lists some of the best reading material available written by and about transgendered and transsexual people.

<http://www.bcholmes.org/books/booktg.html>

TG Cycle

A Yahoo online group for transgender folks and their supporters about motorcycles, events, and anything else. The type of bike one likes doesn't matter, but what matters is a love of bikes. A place where transgendered and transgender supporters can meet in an environment that is safe from less tolerant folks in the motorcycling world. Yahoo ID required. Applying members need to include an introduction.

<http://autos.groups.yahoo.com/group/tgcycle/>

The Gender Society

One of the largest online communities for transvestites, crossdressers, transsexuals, and transgendered with members from around the globe. You can find information, discussion forums, chat rooms and a monthly newsletter on this website.

<http://gendersociety.com/>

Trans Guys

Internet magazine for transgender men.

<http://transguys.com/>

Transgender Canada

Online forum on trans-related topics and issues.

<http://transgendercanada.com/forum/index.php>

Transgender Forum

An online forum where trans-identified individuals can communicate, find information, and resources.

<http://www.tgforum.com/content1.html>

Transgender Resource Center

Mission is to foster the development of a positive and helpful community to support those facing the unique challenges of the transgendered and to engender acceptance of and support for transgendered individuals within [Second Life](#) and society at large.

This group is based in the Second Life Role-play Website.

<http://sltrc.pbworks.com/w/page/4288864/FrontPage>

Transgender Support Site

Information on trans-related topics and issues.

<http://heartcorps.com/journeys>

TransgenderSoul:

TransgenderSoul provides educational information and resources about gender identity and transgender issues to affirm, educate, bring hope and heal the lives of those who live with conflict between their birth sex and their gender identity.

<http://www.transgendersoul.com/>

Trans-health

The online magazine of health and fitness for transsexual and transgendered people
<http://www.trans-health.com/>

Transsexual Road Map

Transition is a journey. You decide on your destination, the time you'll need to get there and the money you'll spend. This site is a travel guide to setting priorities, choosing a path, making informed decisions and setting realistic transition goals. Links to supportsites for youth and adults,
<http://www.tsroadmap.com>

Transsexuality

Jennifer Reitz' exploration of what it is, and what to do about it if you think you are trans.
<http://www.transsexual.org>

TS Sci-Fi

For transgender, transsexuals, crossdressers and intersexed individuals who like science fiction and fantasy in books, movies, television and all other forms.
http://groups.yahoo.com/group/ts_scifi/

TS Successes

Pictures of successful transsexual men and women who survived and corrected their earlier transsexualism and went on to find joy, comfort, and peace.
<http://ai.eecs.umich.edu/people/conway/TSuccesses/TSuccesses.html>

TS Tall Girls

An online group for big and tall male-to-female transsexuals who feel a bit big and find passing as female a little (or a lot) harder than they would like.
<http://groups.yahoo.com/group/TSTallGirls/>

TS Woman

A Yahoo support group for all transsexuals. A Yahoo ID is required.
<http://health.groups.yahoo.com/group/TSWoman/>

TS-Breasts: For Trans women

A Yahoo Group for transsexual and transgendered women who are interested in breast growth through hormone therapy and surgical options. Group is intended as a place to exchange ideas and methods to encourage breast growth for those in transition. A Yahoo ID is required.
<http://groups.yahoo.com/group/TS-BREASTS/>

University LGBT/Queer Programs

Listing of lesbian, gay, bisexual, transgender, transsexual, and queer studies that are offered in the USA and Canada plus sibling societies and study-abroad programs.
<http://www.people.ku.edu/~jyounger/lgbtqprogs.html>

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